Glory to the Father, and to the Son, and to the Holy Spirit. Almighty Lord, I know how great is the power of tears. For they led up Hezekiah from the gates of death; they delivered the sinful woman from the transgressions of many years;
they justified the Publican above the Pharisee.

And with them I also pray: have mercy upon me.

Both now... The Dogmatic Theotokion in the Tone of the week..

English translation from "The Lenten Triodion", by Mother Mary and Archimandrite Kallistos Ware, ©1979, Faber and Faber, London

Music from the Slavonic arrangement of Archimandrite Matfei, Trinity-Sergius Lavra