Take up the song of Moses and cry aloud, my soul:

He is my helper and protector,

and is become my salvation;

this is my God and I will glorify Him.

*Arrangement adapted from the "Velikiy Sbornik" - St. Petersburg 1908

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O God, the husband-man of all good trees and fruit,

make fruitful my barren mind in Thy compassion.
Ode 4

Foreseeing Thy birth from a Virgin, the prophet cried aloud:

I have heard the report of Thee and was afraid;

for from Teman and the holy oversha-dowed mountain

hast Thou come, O Christ.
The night is far spent, the day is at hand,
and the light has shone forth on the world.
Therefore the ranks of angels sing Thy praises
and glorify Thee, Christ our God.
I am held fast, Saviour, in the depth of sin
and overwhelmed by the sea of life:

but as Thou hast brought out Jonah from the belly of the whale,
bring me out from the passions and save me.
As the cherubim in heaven, the children sang togeth-er in the fur-nace: Blessed art Thou, O God,

for in truth and judge-ment hast Thou brought all these things upon us be-cause of our sins; and Thou art praised above all for-ev-er.
We praise, we bless, we worship the Lord; praising and supremely exalting Him unto all the ages.

Let us praise Him who, in the bush of old, prefigured the miracle of the Virgin to Moses on Mount Sinai:

Let us bless and exalt Him above all for ever.
Who among those born on earth has ever seen, or heard
of such a thing? That a Virgin should conceive and without
pain of travail bear a Child. Behold-ing this thy wonder,
O Mary, pure Mother of God, we magnify thee.

Music arrangement adapted from "Tserkovno-Pevcheskiy Sbornik", Vol. V, "Octoikh"
St. Petersburg, 1908

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