Let Israel hope in the Lord.

The Lord my Creator took me as dust from the earth and formed me into a living creature, breathing into me the breath of life and giving me a soul; He honored me, setting me as ruler upon earth...

(4) Reader: In the 6th Tone, Special Melody "Having set all your hope..."
From the morning watch until night, from the morning watch...
upon earth over all things visible, and making me a companion of the angels. But Satan the deceiver,

using the serpent as his instrument, enticed me by food;

he parted me from the glory of God and gave me over to the earth and to the lowest depths of death.
But, Master, in compassion call me back again.

(3) Reader: For with the Lord there is mercy, and with Him is plenteous redemption;

and He shall redeem Israel out of all His iniquities.

In my wretchedness I have cast off the robe woven by God, disobeying Thy divine command, O Lord, at the counsel of the enemy; and I am clothed now in fig leaves and in garments of skin.
garments of skin. I am condemned to eat the bread of toil in the sweat of my brow, and the earth has been cursed so that it bears thorns and this - tles for me. But, Lord, Who in the last times wast made flesh of a Vir - - gin, call me back a - gain and bring me into Par - - - a - dise.
(2) **Reader:** O praise the Lord all ye nations:

Praise Him all ye peoples.

O precious Paradise, unsurpassed in beauty,

Tabernacle built by God, unending gladness and delight,

Glory of the righteous, joy of the prophets,
and dwelling of the saints, with the sound of thy leaves pray to the Maker of all: may He open unto me the gates which I closed by my transgression, and may He count me worthy to partake of the Tree of Life and of the joy which was mine when I dwelt in thee before.
And the truth of the Lord abideth for ever.

Adam was banished from Paradise through disobedience and cast out from delight, beguiled by the words of a woman. Naked he sat outside the garden, lamenting: 'O woe is me!'
Therefore let us all make haste to accept the season of the Fast and hearken to the teaching of the Gospel, that we may gain Christ's mercy and receive once more a dwelling-place in Paradise.

Glory..., the Doxasticon of the Triodion

English text from: "The Lenten Triodion", translated by Mother Mary and Archimandrite Kallistos Ware, ©1977, Faber and Faber, London.

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