Great Prokeimenon for Sunday Evenings in Lent
Abbreviated Znamenny - Tone 8

At Vespers on Forgiveness Sunday, and the 2nd, 4th Sundays (Psalm 68:21)

**In the 8th Tone:**

Turn not Thy countenance away from Thy servant, for I am afflicted; quickly hearken unto me. Attend unto my soul and deliver it.

Verse 1: May Thy salvation, O God be quick to help me.  (Ps. 68:34)

Verse 2: Let beggars behold it, and be glad.  (Ps. 68:37)

Verse 3: Seek after God and your soul shall live.  (Ps. 68:37)

At Vespers on the 1st, 3rd and 5th Sundays: (Psalm 60:5)

**In the 8th Tone:** Thou hast given an inheritance, O Lord to them that fear Thy name.

Verse 1: From the ends of the earth unto Thee have I cried.  (Ps 60:2)

Verse 2: I shall be sheltered in the shelter of Thy wings.  (Ps 60:4)

Verse 3: So will I chant unto Thy name unto the ages.  (Ps 60:8)

English text: "The Psalter according to the Seventy", Holy Transfiguration Monastery, Brookline, MS, 1987
Music adapted from the "Sputnik Psalomchik", reprinted by Holy Trinity Monastery, Jordanville, NY, 1959

Carol Surgant – music.russianorthodox-stl.org – 3/18/06