Lenten Hymns after Psalm 50
(For Sunday Matins, during the Triodion Period)

Zosima Hermitage Chant, Tone 8

Glory to the Father, and to the Son, and to the Holy Spirit.

The doors of repentance do Thou open to me, O Giver of life,

for my spirit waketh at dawn toward Thy holy temple,

bearing a temple of the body all defiled. But in Thy compassion,
cleanse it by the loving kindness of Thy mercy.

Both now and ever, and unto the ages of ages. Amen.

Guide me in the paths of salvation, O Theotokos, for I have defiled my soul with shameful sins, and have wasted all my life in slothfulness.

but by thine intercessions deliver me from all uncleanness.
Have mercy on me, O God, according to Thy great mercy;
and according to the multitude of Thy compassions,
blot out my transgression. When I think of the multitude
of evil things I have done, I a wretched one,
I tremble at the fearful day of judgment, but trusting in the mercy
of Thy loving kindness, like David do I cry unto Thee:

Have mercy on me, O God, according to Thy great mercy.


Music from the Slavonic: agiosis.orthodoxy.ru
Note: The arrangement in English has been altered to render the final sticheron, "When I think of the multitude of evil things..." in Tone 6 as is traditional, rather than Tone 8.