

**5th Sunday of Lent: St. Mary of Egypt
Stichera at "Lord I have cried"
Tone 6, Special Melody "Having set all your hope*"
Optina Hermitage Chant**

(4) *Reader:* From the morning watch until night, from the morning watch

descant
chant
melody

Let Is - ra - el hope in the Lord.

✦ The pol - lu - tion of past sins prevented thee from

en - ter - ing the Church to see the elevation of the Ho - ly Cross;

but then thy conscience and the awareness of thine ac - - - tions



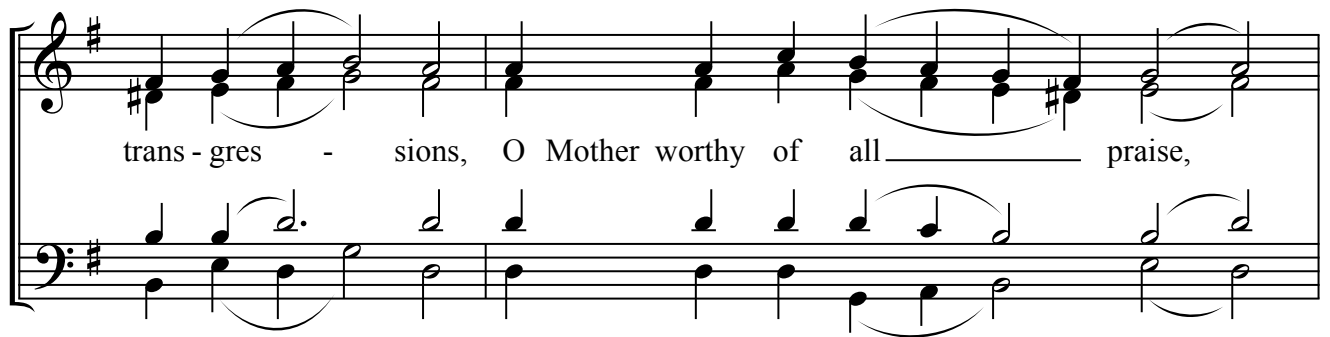
turned thee, O wise in God, to a better way of life.



And, having looked upon the icon



of the blessed Maid of God, thou hast condemned all thy previous

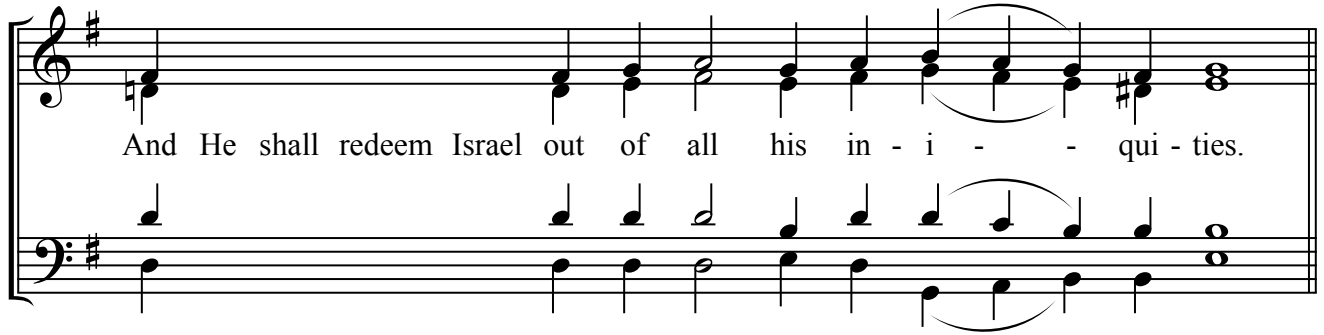


transgressions, O Mother worthy of all praise,



and so hast gone with boldness to venerate the precious Cross.

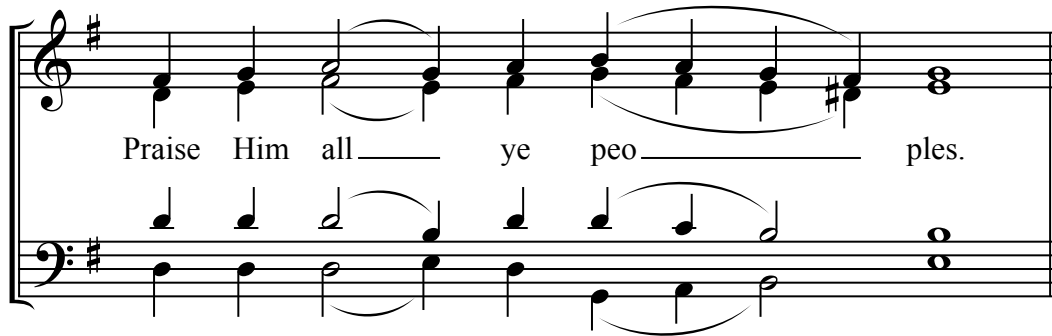
(3) *Reader:* For with the Lord there is mercy, and with Him is plenteous redemption;



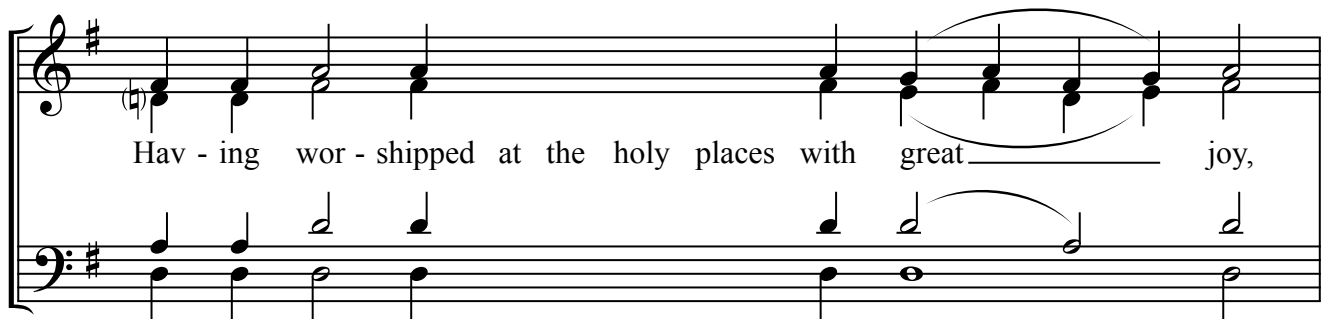
And He shall redeem Israel out of all his in - i - - qui - ties.

✦ *Repeat 1st Sticheron:* "The pollution of past sins..."

(2) *Reader:* O praise the Lord all ye nations:



Praise Him all ye peo - ples.



Hav - ing wor - shipped at the holy places with great joy,



thou hast re - ceived sav - ing grace for the jour - ney of vir - tue,

and with all haste thou hast set out

The first system of musical notation consists of a treble and bass staff in G major. The treble staff features a series of chords, with a melodic line in the soprano voice. The lyrics "and with all haste thou hast set out" are written below the treble staff. The bass staff provides a harmonic accompaniment with a steady bass line.

upon the good path thou hast cho - - - sen. Cross - ing the stream

The second system continues the musical piece. The treble staff shows the continuation of the melodic line and chords. The lyrics "upon the good path thou hast cho - - - sen. Cross - ing the stream" are written below. The bass staff continues the accompaniment.

of Jor - dan, with ea - ger - ness thou hast gone to live

The third system of musical notation shows the continuation of the piece. The treble staff features the melodic line and chords. The lyrics "of Jor - dan, with ea - ger - ness thou hast gone to live" are written below. The bass staff continues the accompaniment.

in the dwelling place of the Bap - - - tist. Thou hast tamed

The fourth system of musical notation concludes the piece. The treble staff shows the final melodic line and chords. The lyrics "in the dwelling place of the Bap - - - tist. Thou hast tamed" are written below. The bass staff continues the accompaniment.

the savagery...

the savagery of the pas - - - sions through thine as - cet - ic

The first system of musical notation consists of a treble and bass staff in G major. The treble staff features a series of chords, with a long slur over the notes for 'pas - - - sions'. The bass staff provides a simple harmonic accompaniment with quarter and eighth notes.

way _____ of life, _____ and boldly thou hast broken the rebellious - ness

The second system continues the melody. The treble staff has a slur over 'way' and another over 'of life, _____'. The bass staff continues with a steady accompaniment.

of the flesh, O Mother ever glo - - - - ri - ous.

The third system concludes the main text. The treble staff has a slur over 'glo - - - - ri - ous'. The bass staff ends with a final chord.

(1) *Reader:* For He hath made his mercy to prevail over us,

And the truth of the Lord a - bi - deth for ev _____ er.

The Reader's part is a single line of music. The treble staff contains the melody with a long slur over 'ev _____ er'. The bass staff provides a simple accompaniment.

Hav - ing gone to dwell in the wil - - - der - ness, thou hast

The first system of musical notation consists of a treble and bass staff joined by a brace on the left. The key signature has one sharp (F#). The treble staff contains a series of chords, with a slur over the final three notes. The bass staff contains a series of notes, with a slur over the final three notes. The lyrics are positioned between the two staves.

blot - ted out — from thy soul the im - ages of thy sensual pas - sions,

The second system of musical notation continues the piece. It features a treble and bass staff with the same key signature. The treble staff has a slur over the first three notes and another slur over the last three notes. The bass staff has a slur over the last three notes. The lyrics are positioned between the two staves.

and hast marked up - on — it — the God - given imprint

The third system of musical notation continues the piece. It features a treble and bass staff with the same key signature. The treble staff has a slur over the first three notes and another slur over the last three notes. The bass staff has a slur over the last three notes. The lyrics are positioned between the two staves.

of ho - li - ness. Thou hast attained such glory, blessed Mo - ther,

The fourth system of musical notation concludes the piece. It features a treble and bass staff with the same key signature. The treble staff has a slur over the first three notes and another slur over the last three notes. The bass staff has a slur over the last three notes. The lyrics are positioned between the two staves.

as to walk upon the surface of the wat - - - - ers, ___

and in thy prayers to God thou wast raised up ___ from the earth

And now, all-glori-ous Ma - - ry, ___ stand-ing be - fore ___ Christ,

with boldness en - treat Him for our souls.

English text from "The Lenten Triodion", translated by Mother Mary and Archimandrite Kallistos Ware, ©1977,
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