

4th Sunday of Lent: St. John of the Ladder
Kontakion, Tone 4
Abbreviated Greek Chant

S
A

Truly the Lord hath set thee as a fixed star in the firmament of ab-sti-nence,

T
B

giving light to the ends of the earth, O fa-ther John, our teach - er.

English text: "The Lenten Triodion", translated by Mother Mary and Archimandrite Kallistos Ware,
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