Mo\-ses the ser\-vant of God pre\-fig\-ured Thy Cross in the
days of old, when he divided the Red\_ Sea\_ with his rod
and led Israel across on dry land; and he sang a song of
de\-liv\-er\-ance un\-to Thee, O Christ our God.
Ode 3

Through Thy Cross, O Christ my Master, set me firmly on the rock of the faith: let not my mind be shaken by the assaults of the malicious enemy; for Thou alone art holy.

3rd Sunday of Lent: Katavasia, Tone 1
Ode 4

Seeing Thee, O mighty Lord, upon the Cross,

the sun was seized with fear and hid its rays, with dread the

whole creation glorified Thy long-suffering,

and the earth was filled with Thy praise.
Ode 5

Rising early in the morning we sing Thy praises, O Savior of the world, for we have found peace through Thy Cross,

By it Thou hast renewed mankind,

and led us to the light that knows no evening.
Ode 6

Jo - nah in the bel - ly of the whale for - sha - dowed

with his outstretched hands the fig - ure of the Cross;

and he leapt out of the mon - ster, saved by Thy pow - er, O Word.
The Lord Who delivered the Children from the flames

took flesh and came upon the earth: nailed to the Cross,

He has granted us salvation, the God of our fathers,

Who alone is blessed and greatly glorified.

3rd Sunday of Lent: Katavasia, Tone 1
Before the Katavasia of the 8th Ode:

We praise, we bless, we worship the Lord; praising and supremely exalting Him unto all the ages. Daniel, great among the prophets,

was cast into the lion's den; but, stretching out his hands in the form of the Cross, he was delivered from their mouths and kept unharmed, blessing Christ our God for ever.
Ode 9

O Virgin Mother and true Theotokos,

without seed thou hast borne Christ our God,

who was lifted up in the flesh upon the Cross.

We and all the faithful as is right, magnify thee with thy Son.


Carol Surgant ~ music.russianorthodox-stl.org ~ 3/26/08