

3rd Sunday of Lent: Katavasia, Tone 1

Ode 1

S
A

Mo - ses the ser - vant of God pre - fig - ured Thy Cross in the

T
B

Detailed description: This system contains the first two staves of the musical score. The top staff is for Soprano (S) and Alto (A), and the bottom staff is for Tenor (T) and Bass (B). The music is in G major (one sharp) and 4/4 time. The lyrics are: "Mo - ses the ser - vant of God pre - fig - ured Thy Cross in the".

days of old, when he divided the Red Sea with his rod

Detailed description: This system contains the second two staves of the musical score. The lyrics are: "days of old, when he divided the Red Sea with his rod".

and led Israel across on dry land; and he sang a song of

Detailed description: This system contains the third two staves of the musical score. The lyrics are: "and led Israel across on dry land; and he sang a song of".

de - liv - - er - ance un - to Thee, O Christ our God.

Detailed description: This system contains the final two staves of the musical score. The lyrics are: "de - liv - - er - ance un - to Thee, O Christ our God.".

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Ode 3

Through Thy Cross, O Christ my Mas - ter, set me firm - ly

on the rock of the faith: let not my mind be sha - ken

by the as - saults of the malicious en - e - my;

for Thou a - lone art ho - - - ly.

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Ode 4

See - ing Thee, O might - y Lord, up - on the Cross,

the sun was seized with fear and hid its rays, with dread the

whole cre - a - tion glo - ri - fied Thy long - suf - fer - ing,

and the earth was filled with Thy praise.

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Ode 5

Ris - ing ear - ly in the morn - ing we sing Thy prais - es, O Sa - vior

of the world, for we have found peace through Thy Cross,

By it Thou hast re - newed man - - - kind,

and led us to the light that knows no eve - - - ning.

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Ode 6

Jo - nah in the bel - ly of the whale for - sha - dowed

with his outstretched hands the fig - ure of the Cross;

and he leapt out of the mon - ster, saved by Thy pow - er, O Word.

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Ode 7

The Lord Who de - liv - ered the Chil - dren from the flames

took flesh and came up - on the earth: nailed to the Cross,

He has granted us sal - va - tion, the God of our fa - thers,

Who alone is blessed and great - ly glo - ri - fied.

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Before the Katavasia of the 8th Ode:

We praise, we bless, we wor - ship the Lord; praising and supremely

Ode 8

exalting Him unto all the a - ges. Daniel, great among the pro-phets,

was cast in - to the li - on's den; but, stretch - ing out his hands in the

form of the Cross, he was de - livered from their mouths

and kept un-harmed, bless - ing Christ our God for ev - - er.

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Ode 9

O Vir - gin Moth - er and true The - o - to - kos,

with - out seed thou hast borne Christ our God,

who was lift - ed up in the flesh up - on the Cross.

We and all the faith - ful as is right, mag - ni - fy thee with thy Son.

English text: "The Lentent Triodion", translated by Mother Mary and Archimandrite Kallistos,
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