

Evening of the 3rd Sunday of Lent: Vespers

At "Lord I have cried", 10 stichera are sung: 4 penitential stichera in the Tone of the week, and then 3 stichera from the Triodion:

(6) *Reader:* In the 8th tone— If Thou shouldest mark iniquities, O Lord,
O Lord, who shall stand?

The musical score is written for two voices, II (Soprano) and I (Bass). It is in the 8th tone, indicated by a sharp sign on the F line of the staff. The melody is a simple, stepwise progression. The lyrics are: "For with Thee there is for-give-ness." The word "for-give" is split across two notes, and "ness" is on a final note. The score includes a treble clef for voice II and a bass clef for voice I, with a key signature of one sharp (F#).

O Lord, Thou hast stretched out Thine hands/
of Thine own will upon the Cross: /
fill us with Thy light through fasting and through prayer, /
through abstinence and works of charity; /
and count us worthy to adore Thy Cross with contrite hearts //
for Thou art good and Thou lovest mankind.

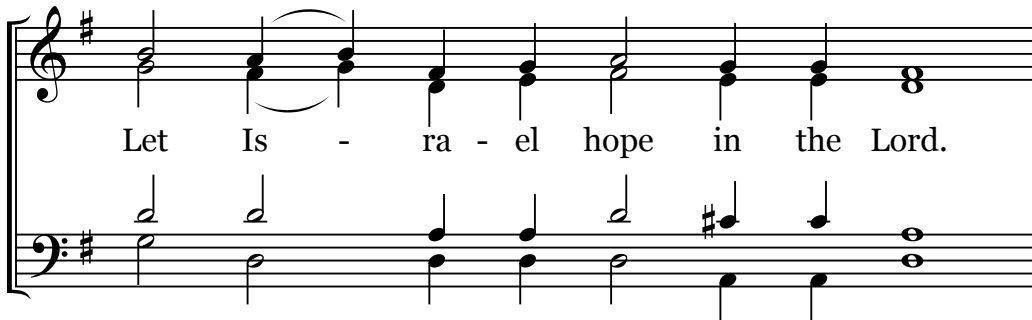
(5) *Reader:* For Thy name's sake have I patiently waited for Thee, O Lord;
my soul hath waited patiently for Thy word,

My — soul hath hoped — in the Lord.

The musical score consists of two staves, a treble clef on top and a bass clef on the bottom, both in the key of D major (one sharp). The melody is written on the treble staff, and the bass line is on the bass staff. The text 'My — soul hath hoped — in the Lord.' is written below the treble staff, with horizontal lines above the words 'My', 'soul', 'hoped', and 'in' indicating the placement of notes. The music is in a simple, hymn-like style with a steady rhythm.

O Lord all-merciful, /
in the multitude of Thy mercies, /
blot out the multitude of my sins, /
and count me worthy with a pure soul /
to behold and kiss Thy Cross /
during the present week of abstinence, //
for Thou lovest mankind.

(4) *Reader: In the 3rd Tone*— From the morning watch until night, from the morning watch



O mighty wonder! Before us stands the Wood, /
 on which Christ was crucified in the flesh. /
 The world venerates it, and illumined, cries aloud: /
 'Great is the power of the the Cross! /
 When devils look upon it, they are burnt; /
 by the sign of the Cross they are consumed with fire.' /
 O pure and holy Wood, I call the blessed; /
 I honor thee and worship thee with fear, /
 and I give glory unto God //
 Who through thee has bestowed upon me life without end.

*Then 3 stichera to the saint of the day from the Menaion;
 Glory...both now... and the Theotokion from the Menaion.*

Entrance, "O joyous light..."

The Great Prokeimenon: "Thou hast given an inheritance, O Lord..."

English text: "The Lenten Triodion", translated by Mother Mary and Archimandrite Kallistos,
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