The season of the virtues hath now been revealed,
and judgement is at the doors; therefore let us arise and keep the Fast,
offering tears of compunction together with our alms and let us cry:
Our sins are more than the sands of the sea; but do Thou pardon us,
O Creator of all, that we may receive incorruptible crowns.

Carol Surgant ~ music.russianorthodox-stl.org ~ 3/22/08