Let every breath praise the Lord.

O Lord, Who lovest mankind, the Church rejoices now in Thee,
her Bride-groom and her Founder, for by Thy divine will

Thou hast delivered her, from the error of idolatry,

Stichos: In the 4th Tone, Special Melody, "Thou hast given a sign", Praise Him with tuneful cymbals, praise Him with cymbals of jubilation.
and by Thy precious Blood Thou hast betrothed her to Thyself.

With joy she accepts the holy restoration of the icons,

and with faith she sings in praise of Thee and gives Thee glory.
Stichos: I will confess Thee, O Lord with my whole heart,

I will tell of all Thy wonders.

Restoring to the churches the representations of Thy flesh, O Lord,

we ascribe to them an honour that is relative,

and so express the great mystery of Thy dispensation.
For Thou hast not appeared to us, O loving Lord, merely in outward semblance, as say the followers of Mani, who are enemies of God, but in the full and true reality of the flesh; and so the icons that depict Thy flesh lead us to the desire and love of Thee.
I will chant unto Thy name, O most High.

A feast of joy and gladness is revealed to us today.

For the teachings of the true Faith

shine forth in all their glory, and the Church of Christ
is bright with splendor; adorned with the holy icons

which have now been restored; and God has granted

to the faithful unity of mind.

Stichera text from "The Lenten Triodion", Mother Mary and Archimandrite Kallistos Ware, ©1977, Faber and Faber, London.

Psalm text from "The Psalter according to the Seventy", Holy Transfiguration Monastery, Brookline, MS, ©1987.