

1st Sunday of Lent: The Sunday of Orthodoxy
First 3 Triodion Stichera of the Praises, Tone 4,
Special Melody, "Thou hast given a sign..."
 Kiev Caves Lavra Melody

Stichos: In the 4th Tone, Special Melody, "Thou hast given a sign",
 Praise Him with tuneful cymbals, praise Him with cymbals of jubilation.

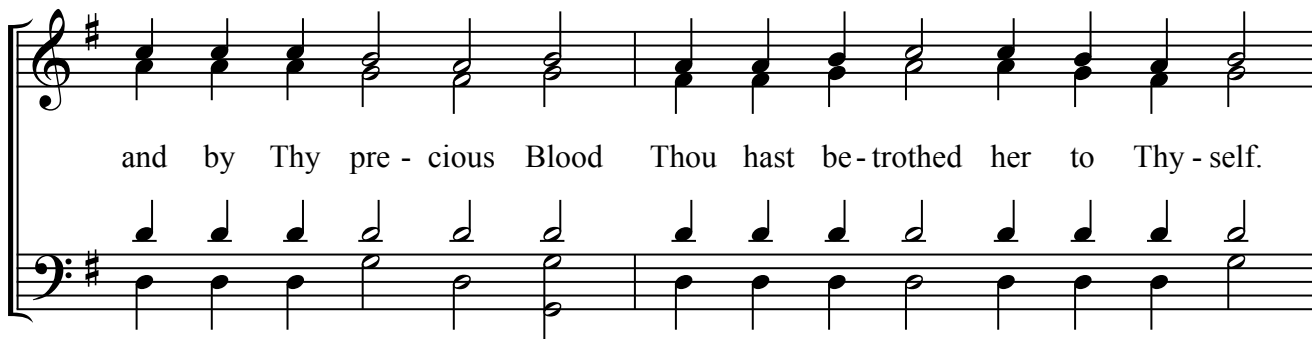
I-descant
 II-chant
 melody

Let ev - ery breath _____ praise the Lord.

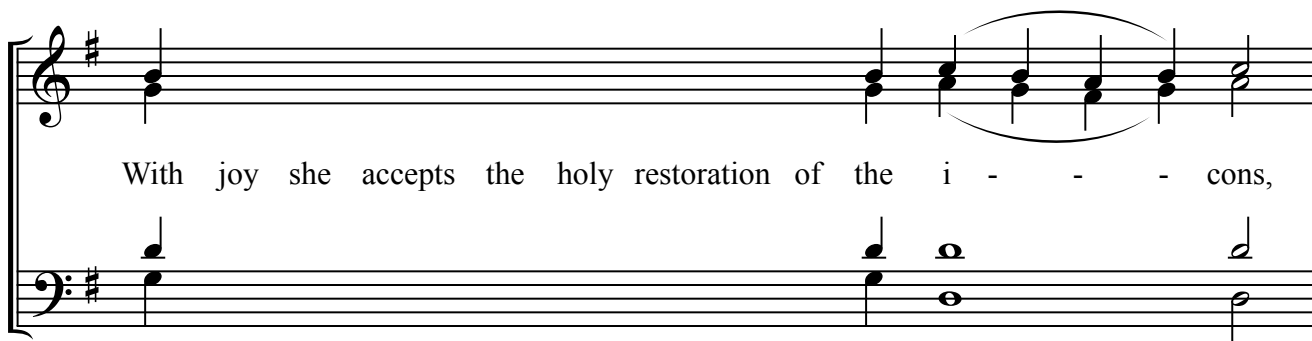
O Lord, Who lov - est man-kind, the Church rejoices now in Thee,

her Bride-groom and her Found - - - er, for by Thy divine will

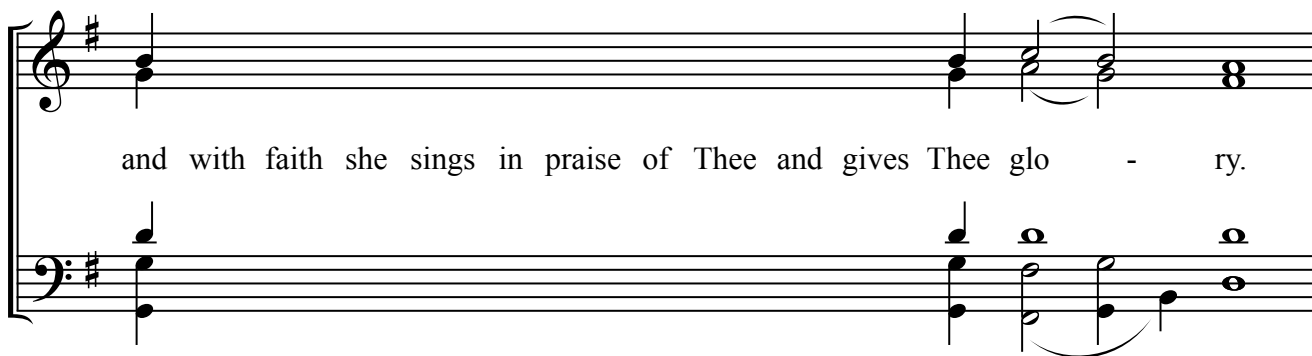
Thou hast de - liv - ered her, from the error of i - dol - a - try,



and by Thy pre - cious Blood Thou hast be - trothed her to Thy - self.



With joy she accepts the holy restoration of the i - - - cons,



and with faith she sings in praise of Thee and gives Thee glo - ry.

Stichos: I will confess Thee, O Lord with my whole heart,

I will tell ___ of all ___ Thy ___ won - ders.

The first system of musical notation consists of a treble and bass staff in G major. The treble staff features a series of chords and dyads, with some notes beamed together. The bass staff provides a simple harmonic accompaniment with quarter and half notes.

Re-stor-ing to the church - es the representations of Thy flesh, O Lord,

The second system continues the musical setting. The treble staff has a similar chordal texture, while the bass staff uses a mix of quarter and eighth notes to support the vocal line.

we ascribe to them an honour that is rel - - - a - tive,

The third system features a more active melodic line in the treble staff, with some notes beamed together and a sharp sign indicating a chromatic alteration. The bass staff continues with a steady accompaniment.

and so express the great mystery of Thy dis - pen - sa - tion.

The final system of the Stichos shows a return to a more static, chordal texture in both staves, concluding the phrase.

For Thou hast not appeared to us, O lov - ing Lord, merely in out-ward

sem - blance, as say the followers of Mani, who are en - e - mies of God,

but in the full and true reality of the flesh; _____ and so the

icons that depict Thy flesh lead us to the desire and love of Thee.

Stichos: I will be glad and rejoice in Thee;

I will chant unto Thy name, O most High.

The first system of musical notation consists of two staves. The upper staff is in treble clef with a key signature of one sharp (F#) and a common time signature. It contains a series of chords and some melodic lines, with a large slur over the final four measures. The lower staff is in bass clef with the same key signature and time signature, providing a harmonic accompaniment. The lyrics are written below the upper staff.

A feast of joy and gladness is revealed to us today.

The second system of musical notation continues the piece. It features two staves in the same key and time signature as the first system. The upper staff contains the vocal line with lyrics, and the lower staff contains the accompaniment. A slur is present over the middle section of the upper staff.

For the teachings of the true Faith

The third system of musical notation continues the piece. It features two staves in the same key and time signature. The upper staff contains the vocal line with lyrics, and the lower staff contains the accompaniment. A slur is present over the middle section of the upper staff.

shine forth in all their glory, and the Church of Christ

The fourth and final system of musical notation continues the piece. It features two staves in the same key and time signature. The upper staff contains the vocal line with lyrics, and the lower staff contains the accompaniment. A slur is present over the middle section of the upper staff.

is bright with splen - dor; adorned with the ho - ly i - cons

which have now — been re - stored; and God has granted

to the faith - ful u - ni - ty of mind.

Stichera text from "The Lenten Triodion", Mother Mary and Archimandrite Kallistos Ware,
©1977, Faber and Faber, London.

Psalm text from "The Psalter according to the Seventy", Holy Transfiguration Monastery,
Brookline, MS, ©1987.