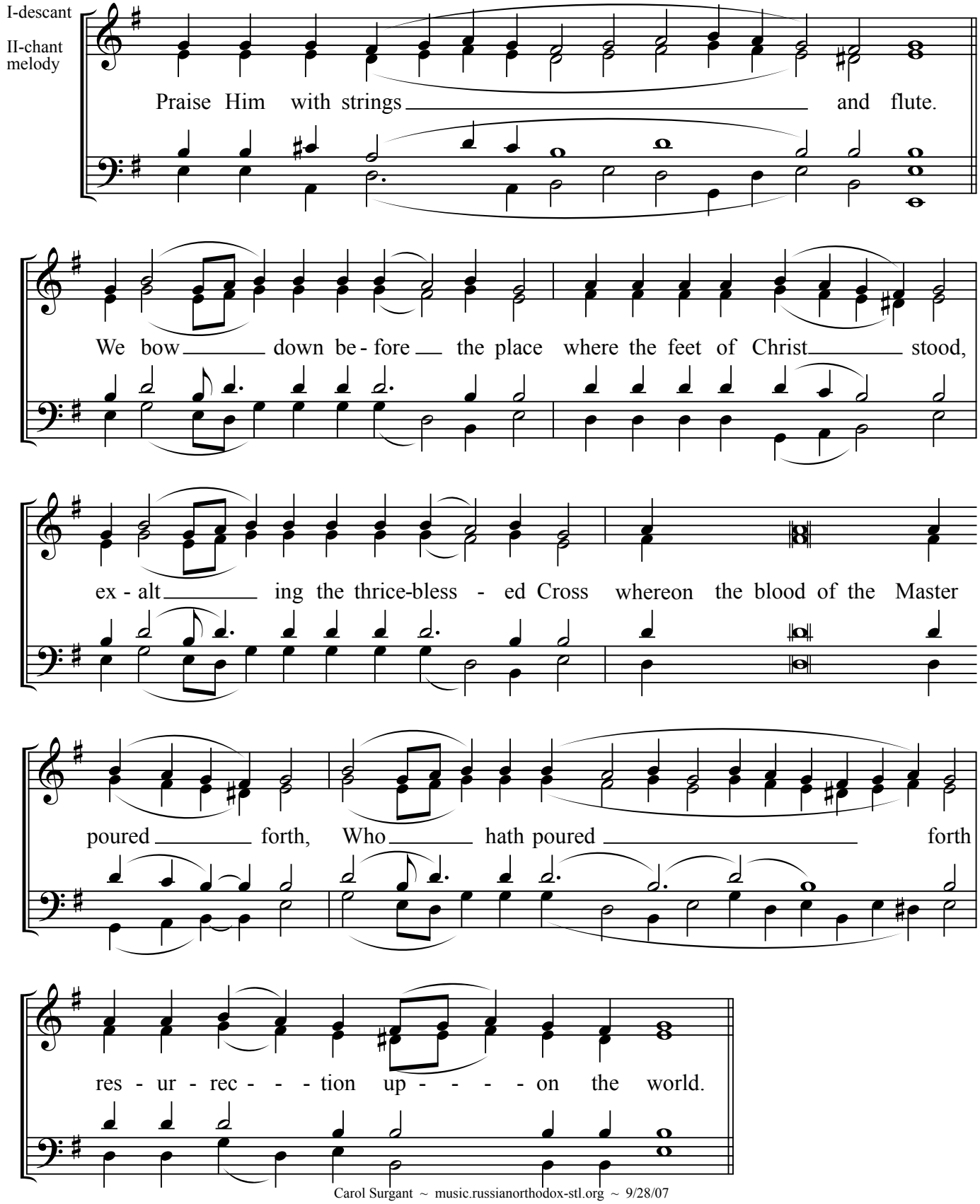
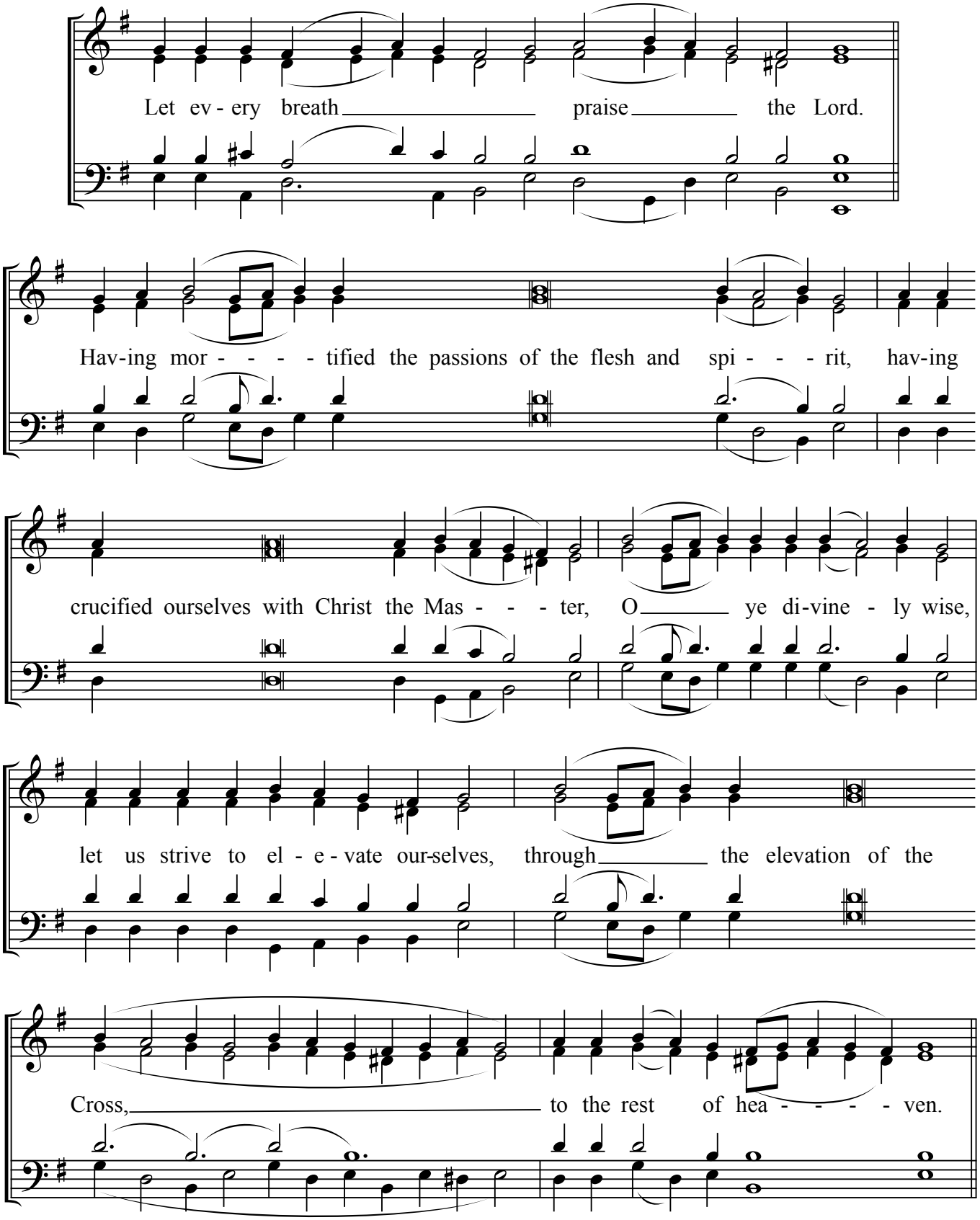
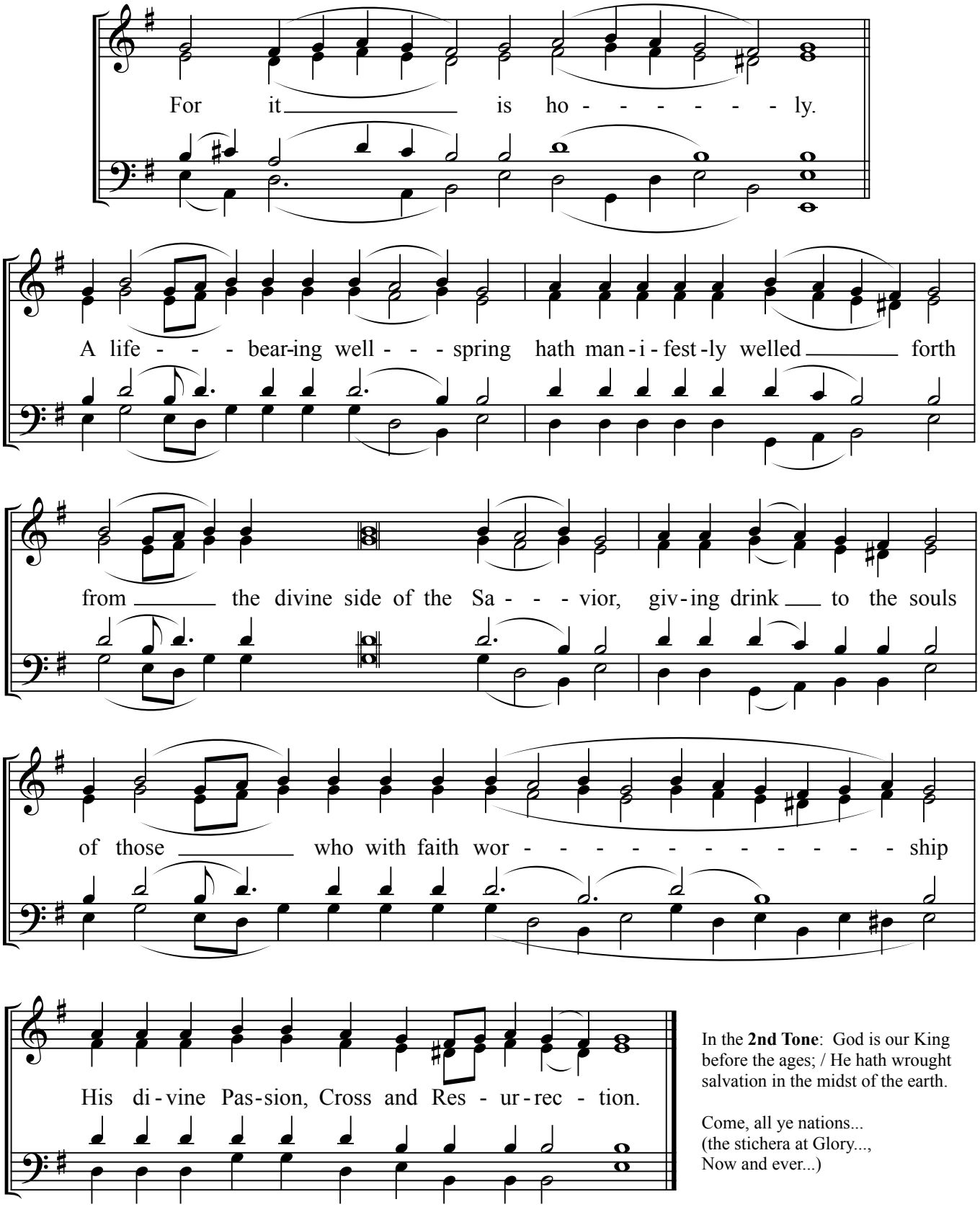
September 17: Martyrs Sophia & her Daughters
Stichera of the Praises (on Sunday)
Tone 6, Special Melody "On the third day..."

Stichos: In the 6th Tone, Special Melody "On the third day..."; Praise Him with timbrel and dance,

Stichos: Praise Him with tuneful cymbals, praise Him with cymbals of jubilation.

Stichos: Exalt ye the Lord our God, and worship the footstool of His feet,

In the **2nd Tone**: God is our King before the ages; / He hath wrought salvation in the midst of the earth.

Come, all ye nations...
(the stichera at Glory...,
Now and ever...)

Text: "The Menaion of the Orthodox Church", Vol. I, translated by Isaac E. Lambertsen, ©1996, St. John of Kronstadt Press.
The complete service text may be purchased through: sjkp.org Melody adapted from the "Sputnik Psalomchik"