

**September 14: The Exaltation of the Cross**  
**Stichera of the Praises, Tone 8,**  
**Automelon\*\* "O Marvellous Wonder\*\*"**  
**Optina Hermitage Melody**

(4) *Reader:* In the same tone, the Automelon, "O marvellous wonder",  
 Praise Him for His mighty acts,

II-chant melody

Praise Him according to the mul - ti - tude of His great - ness.

I-descant

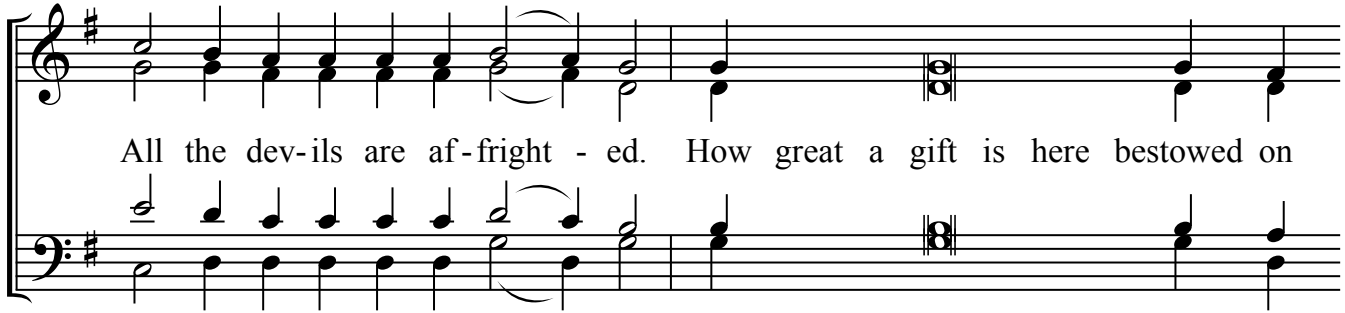
O mar - vel - lous won - - - der! The most ho - - - ly Cross,

The life-giv-ing Tree ————— is lifted up on high today and shown

to the world. All the ends of the earth give glo - - - ry;

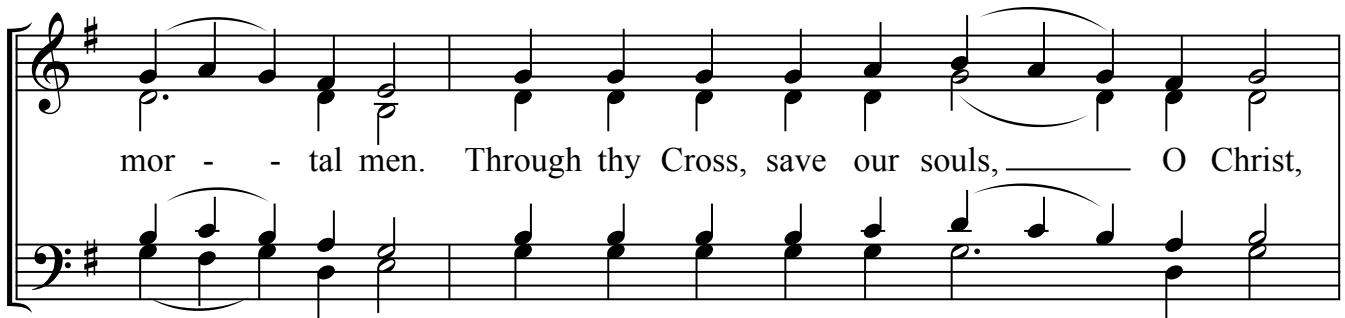
\*The melody name is also translated "O all-glorious wonder", or "O most-glorious wonder"

\*\*The original melody



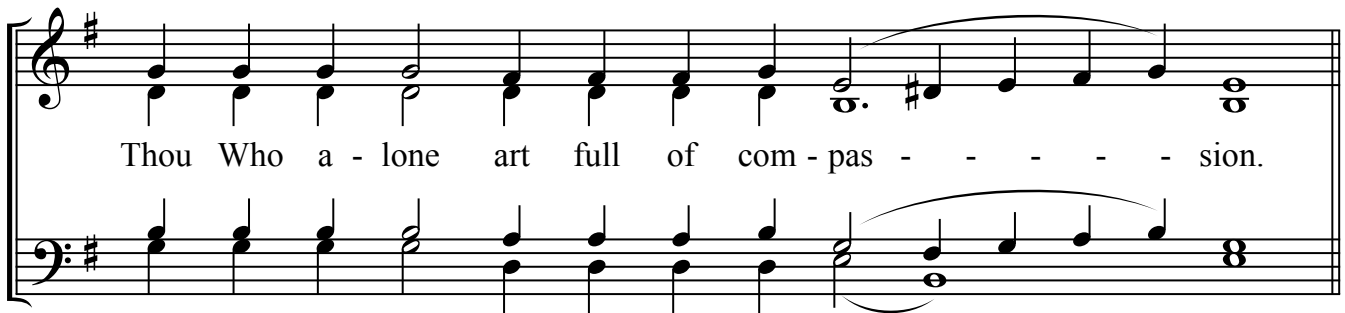
All the dev-ils are af-fright - ed. How great a gift is here bestowed on

The first system of musical notation consists of a treble and bass staff in G major. The treble staff features a series of chords, with a melodic line in the soprano voice. The bass staff provides a harmonic accompaniment with a steady bass line.



mor - - tal men. Through thy Cross, save our souls, \_\_\_\_\_ O Christ,

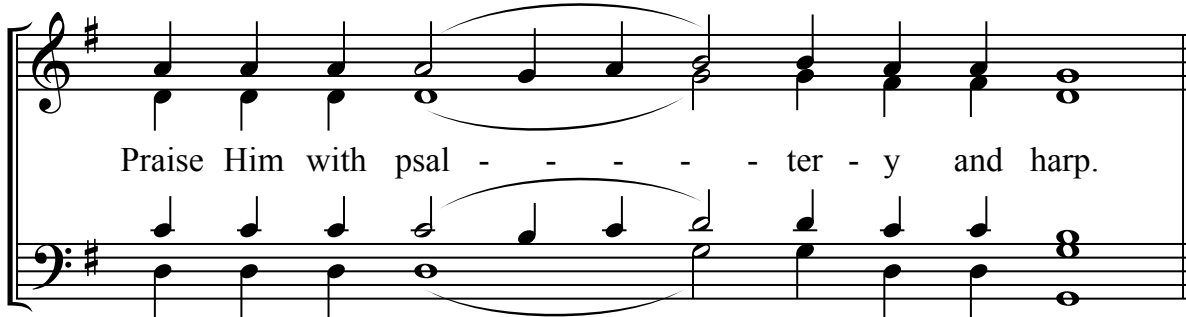
The second system continues the musical setting. The treble staff has a melodic line with some grace notes and a final cadence. The bass staff continues the accompaniment.



Thou Who a - lone art full of com - pas - - - - sion.

The third system concludes the sticheron. The treble staff features a melodic line with a final cadence. The bass staff provides a harmonic accompaniment.

**(3) Reader: Praise Him with the sound of trumpet,**

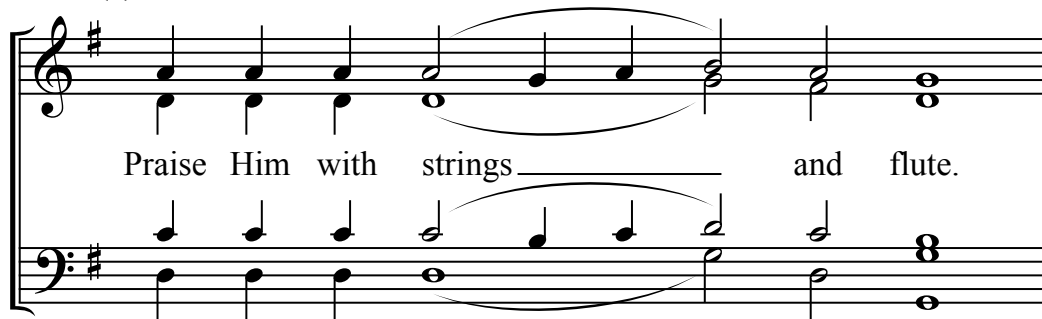


Praise Him with psal - - - - ter - y and harp.

The reader's part is a short musical phrase in G major, consisting of a treble and bass staff. The treble staff has a melodic line with a final cadence. The bass staff provides a harmonic accompaniment.

*Repeat 1st sticheron: "O marvellous wonder..."*

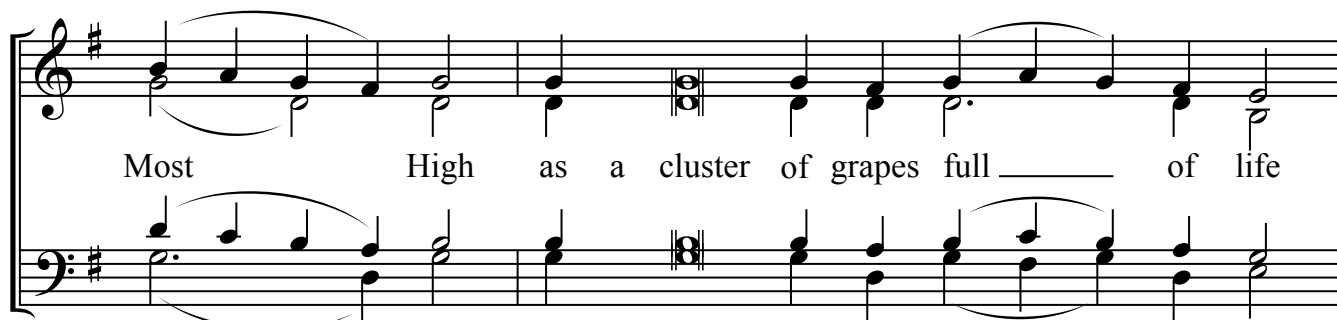
(2) *Reader: Praise Him with timbrel and dance,*



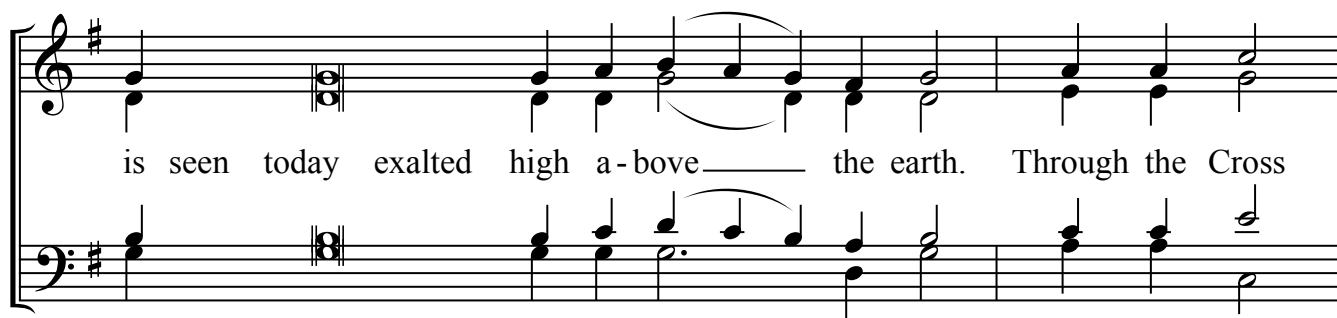
Praise Him with strings and flute.



O mar-vel-lous won-der! The Cross which carried the



Most High as a cluster of grapes full of life



is seen today exalted high a-bove the earth. Through the Cross

we are all...

we are all drawn to God, and death has been for - ev - er swal-lowed up.

The first system of musical notation consists of a treble and bass staff in G major. The treble staff features a melody of eighth and quarter notes, while the bass staff provides a harmonic accompaniment with chords and single notes. The lyrics are printed below the treble staff.

O un-de-filed Wood! Through thee we enjoy the immortal fruit

The second system of musical notation continues the piece. It features a treble and bass staff. The treble staff has a melodic line with some notes beamed together and a fermata over the word 'Wood!'. The bass staff continues the accompaniment. The lyrics are printed below the treble staff.

of E - - - den, as we glo - ri - fy Christ.

The third system of musical notation concludes the piece. It features a treble and bass staff. The treble staff has a melodic line with a fermata over the word 'Christ.'. The bass staff continues the accompaniment. The lyrics are printed below the treble staff.

**(1) Reader: Praise Him with tuneful cymbals; praise Him with cymbals of jubilation.**

Let ev - ery breath ——— praise the Lord.

O mar-vel-lous won - - - der! The length and breadth of the Cross

is e - qual to the hea - - - vens, for by divine grace it sanctifies the

whole ——— world. By the Cross bar - barian nations are con - quered,

by the Cross the sceptres of kings are confirmed. O di-vine

lad - - - - der! By thee we go up to hea - - - - ven,

ex - alt - ing Christ the Lord in song.

English text: "The Festal Menaion", translated by Mother Mary and Bishop Kallistos Ware,  
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