

March 11: St. Sophronius, Patriarch of Jerusalem
Stichera on "Lord I have cried",
Tone 4, Special Melody "As one valiant among martyrs..."

Begin here if 4 Menaion stichera are appointed:

(4) Reader: In the 4th Tone, Special Melody "As one valiant among martyrs..."
From the morning watch until night, from the morning watch

I-descant
II-chant melody

Let Is - ra - el hope in the Lord.

See below: "Called the namesake of chastity..."

Begin here if 3 Menaion stichera are appointed:

(3) Reader: For with the Lord there is mercy and with Him is plenteous redemption;

And He shall redeem Israel out of all his in - i - - - - qui - ties.

Called the name-sake of chas - - ti - ty, by di-vine fore-know - ledge,

O So-phro - ni - us, thou wast righteous and chaste in thy deeds,

man - - - ly and wise, and whol-ly crowned with na-tive vir - - - tues.

And thou didst re-main flour-ish-ing in both soul and bod - y

as a most em - i - nent ar - - - bi - ter.

(2) Reader: O praise the Lord, all ye nations;

Praise Him, all ye peo - - - - - ples.

The first system of musical notation consists of a treble and bass staff in G major. The treble staff features a series of chords, with a long slur over the final five measures. The bass staff provides a simple harmonic accompaniment with quarter and eighth notes.

From thy the-o-log - i - cal mouth, O most bless-ed So-phro - ni - us, —

The second system continues the musical notation. The treble staff has a long slur over the final five measures. The bass staff continues with a steady accompaniment.

thou didst thun - der forth the teach - ings of the - ol - - - o - gy,

The third system continues the musical notation. The treble staff has a long slur over the final five measures. The bass staff continues with a steady accompaniment.

having clearly expounded the theology of the unoriginate Fa - - - - ther,

The fourth system concludes the musical notation. The treble staff has a long slur over the final five measures. The bass staff continues with a steady accompaniment.

and the Son Who is equally with - out be - - gin - - ing,

and the co - e - ter - nal Ho - ly Spi - - - rit. the Trinity in


u - - - - ni - ty, and the u - ni - ty in Tri - ni - ty,

God: One in es - sen - tial i - den - - - ti - ty.

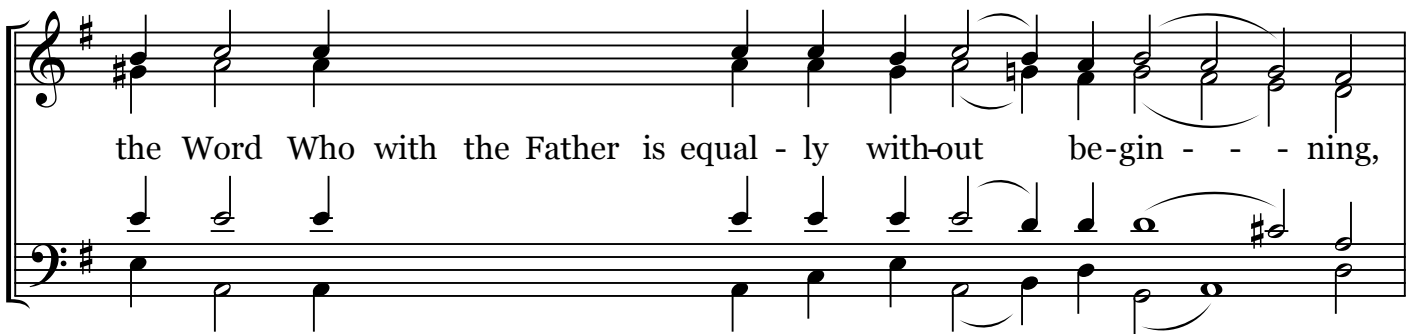
(1) Reader: For He hath made His mercy to prevail over us,



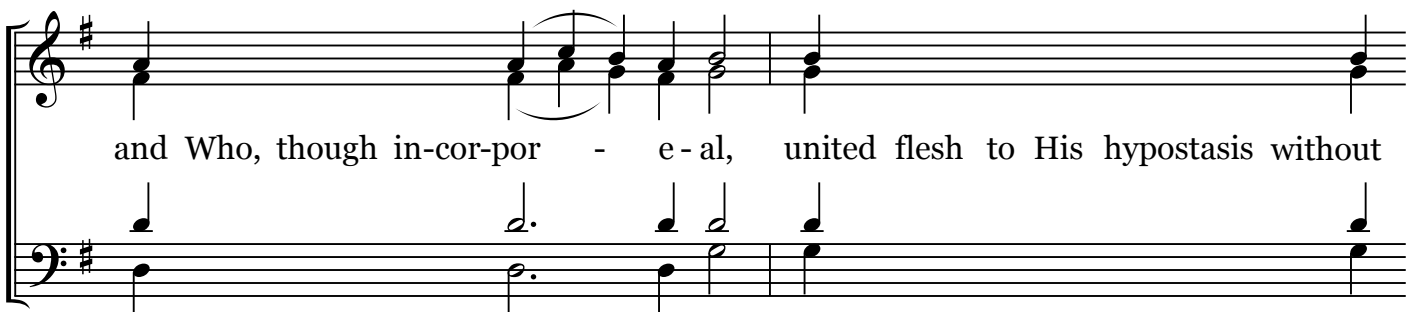
And the truth of the Lord a - bi - deth for - ev - - - - er.



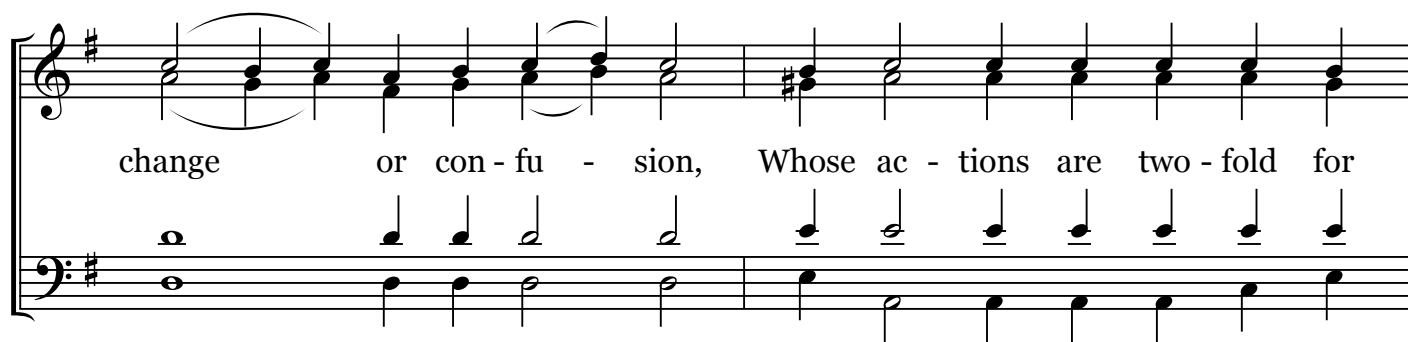
O most wise one, wise - ly didst thou teach,



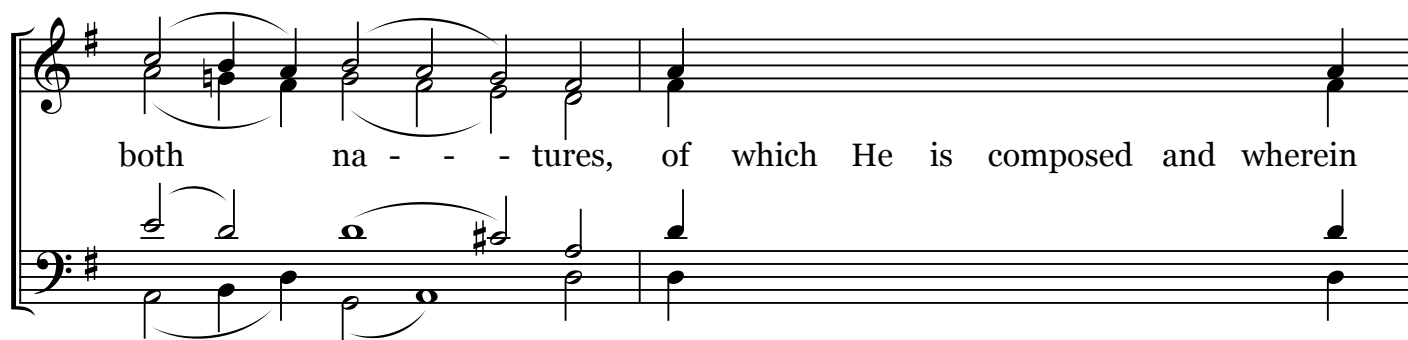
the Word Who with the Father is equal - ly with-out be-gin - - - ning,




and Who, though in-cor-por - e - al, united flesh to His hypostasis without



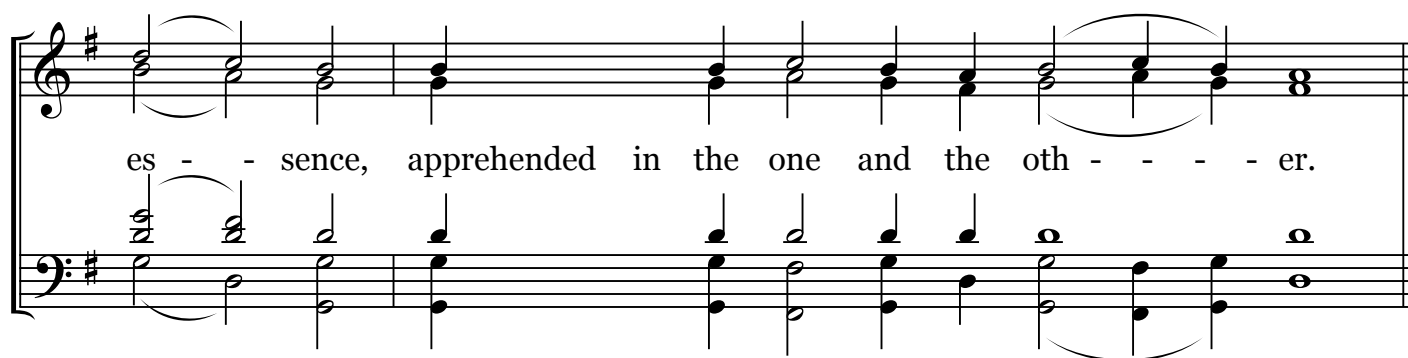
change or con - fu - sion, Whose ac - tions are two - fold for



both na - - - tures, of which He is composed and wherein



He is be - held, be - ing One, un - di - vi - - - ded in



es - - sence, apprehended in the one and the oth - - - - er.

Reader: Glory, both now, in the same melody.

Glory... Both now and ever, and unto the a - ges of a - - - ges. A-men.

The first system of musical notation consists of a treble and bass staff in G major. The treble staff features a melody of chords, with a slur over the final three measures. The bass staff provides a harmonic accompaniment with a steady eighth-note rhythm.

Be - dew my mind with show - - - - ers of the all-holy Spi - rit,

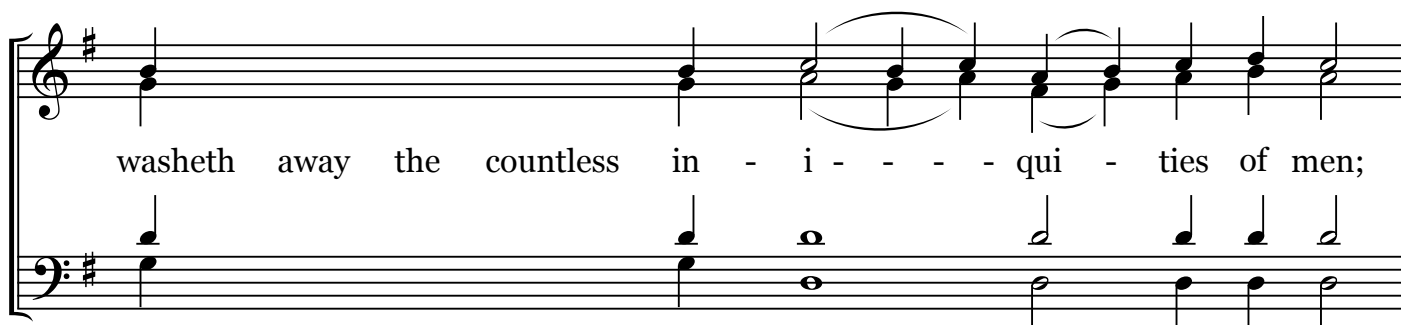
The second system continues the melody. The treble staff has a slur over the first four measures. The bass staff continues with its accompaniment.

O all-pure one, who in - ef - fa - bly gave birth un - to

The third system continues the melody. The treble staff has a slur over the first four measures. The bass staff continues with its accompaniment.

Christ, the dew, Who with His com - pas - - - - sions

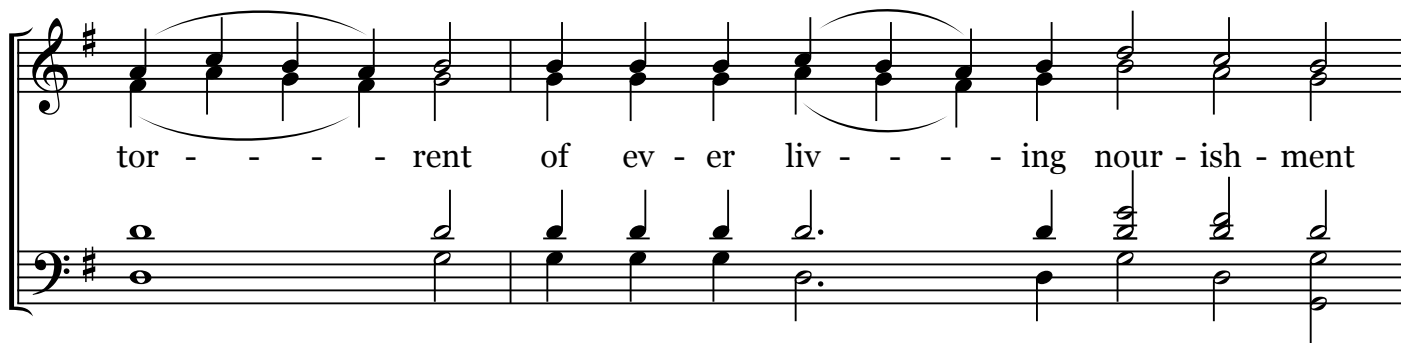
The fourth system concludes the melody. The treble staff has a slur over the first four measures. The bass staff continues with its accompaniment.



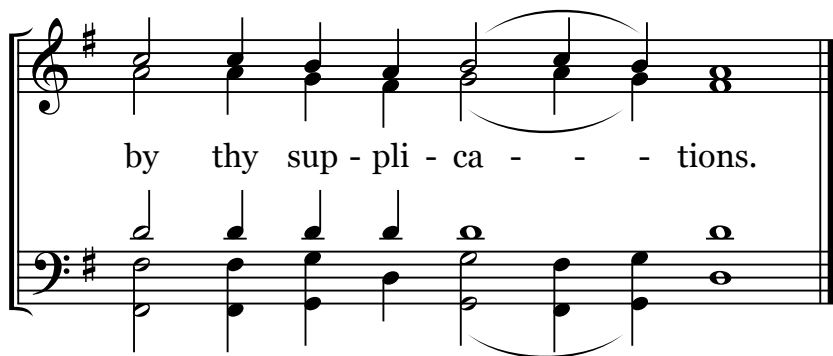
washeth away the countless in - i - - - qui - ties of men;



dry up the up-well-ing of my pas - - - sions, and vouchsafe unto me a



tor - - - - rent of ev - er liv - - - - ing nour - ish - ment



by thy sup - pli - ca - - - tions.