1st Antiphon - Psalm 102
Greek Chant, Tone 1

Abridged

Bless the Lord, O my soul,
bless - ed art Thou, O Lord.

Bless the Lord, O my soul,
and all that is with - in me,
bless His

ho - ly name.
Bless the Lord, O my soul,
and for - get not all that

He hath done for thee,
Who is gra - cious un - to all thine in - q - u - ites,

Who heal - eth all thine in - fir - mi - ties,
Who re - deem - eth thy life from cor -rup -tion,
Who crowneth thee with mercy and compassion, Who filleth eth
thy desire with good things; thy youth shall be renewed as the eagles.
Compassionate and merciful is the Lord, long-suffering and plenteous in mercy. Glory to the Father, and to the Son,
and to the Holy Spirit. Both now, and ever; and unto the ages
of ages. A-men. Bless the Lord, O my soul, and all that is

with in me, bless His ho ly name; bless ed art Thou, O Lord.

Lord have mer cy. Lord have mer cy. To Thee, O Lord. A-men.