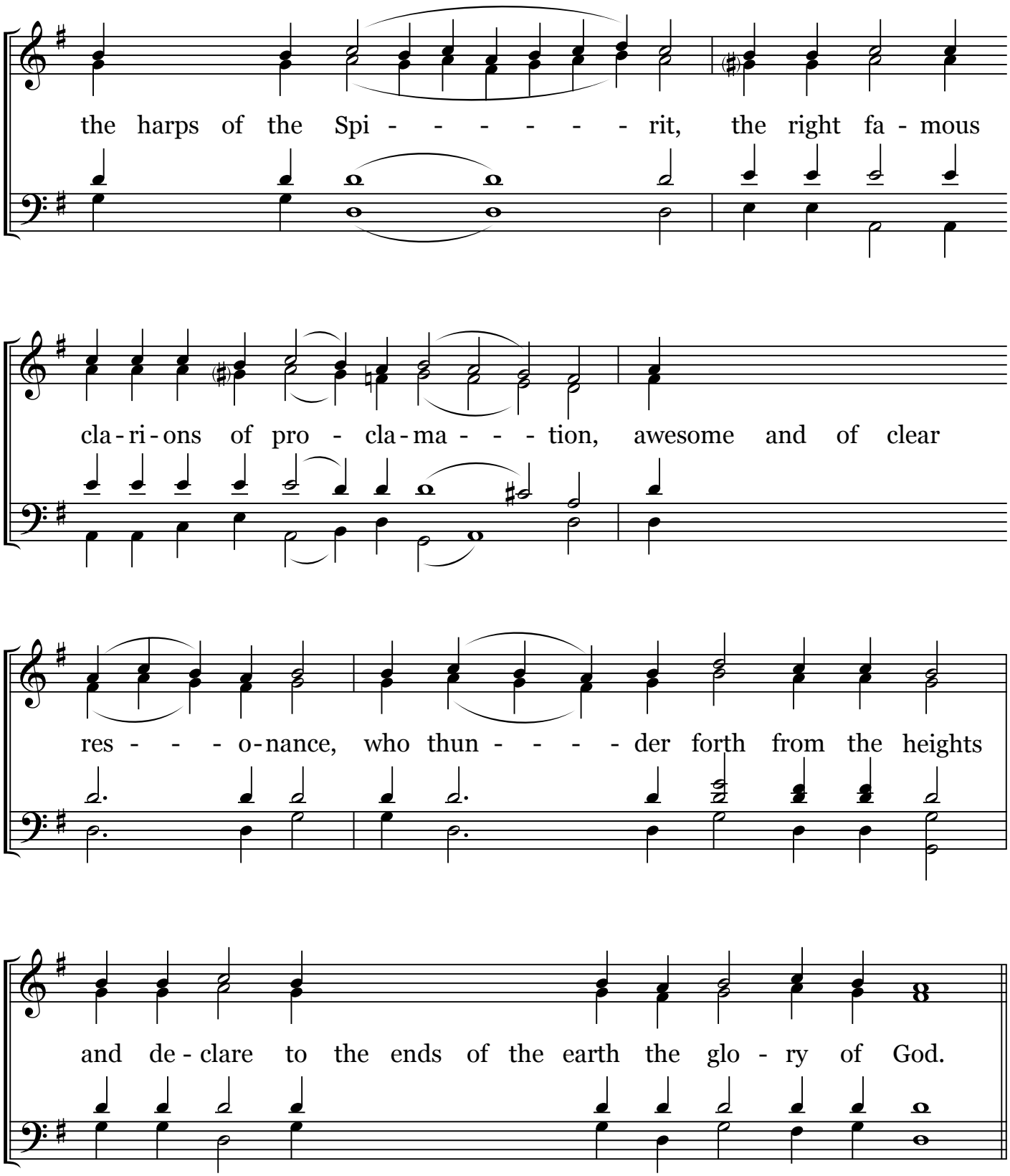
January 30: Three Holy Hierarchs
Stichera on "Lord I have cried" (on a Triodion Sunday)
Tone 4, Special Melody, "As one valiant among the martyrs..."
Optina Hermitage Chant

(4) Reader: From the morning watch until night, from the morning watch

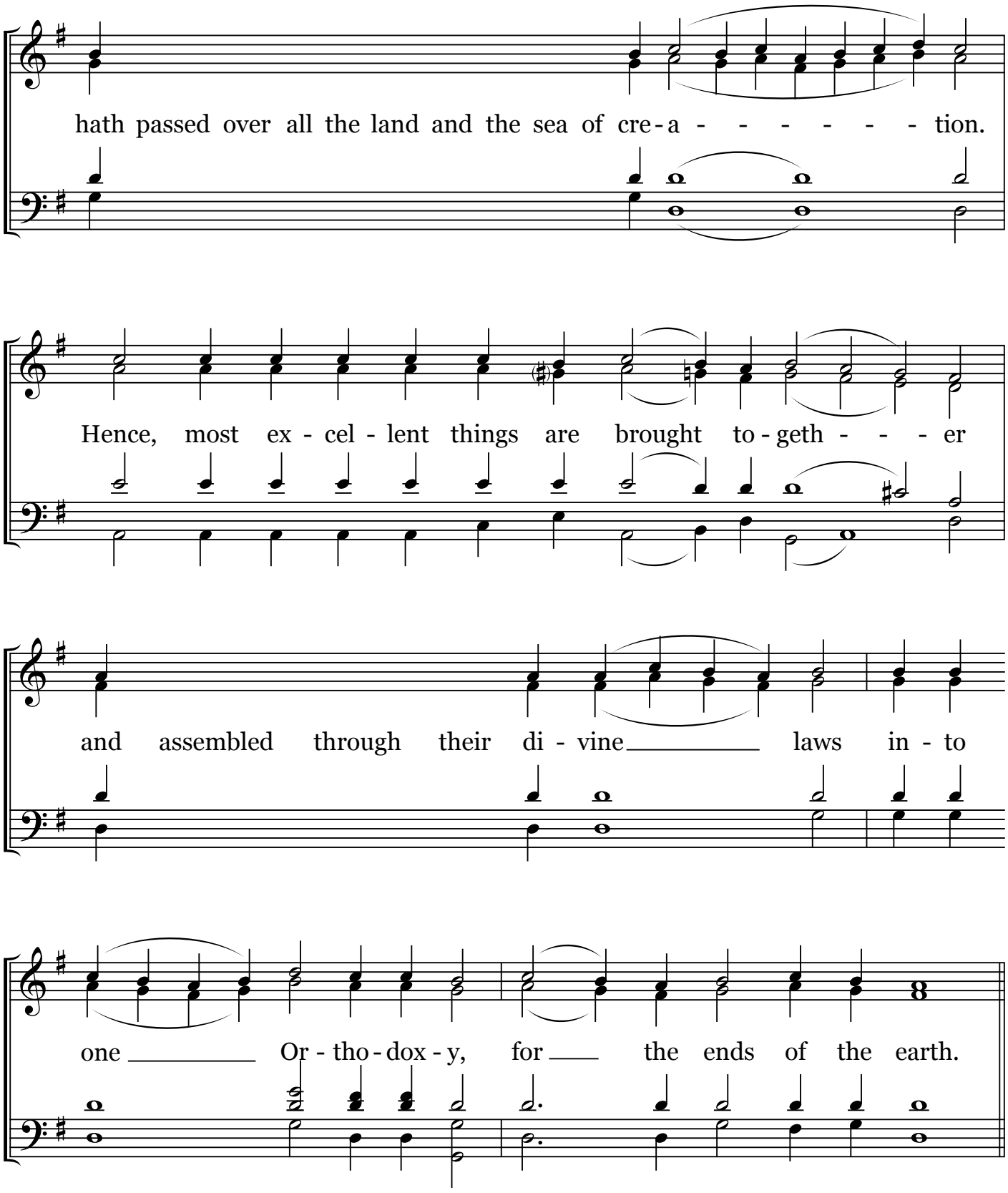

the harps of the Spi - - - - - - - rit, the right fa - mous
cla - ri - ons of pro - cla - ma - - - - tion, awesome and of clear
res - - - - o - nance, who thun - - - - - der forth from the heights
and de - clare to the ends of the earth the glo - ry of God.

(3) Reader: For with the Lord there is mercy and with Him is plenteous redemption;

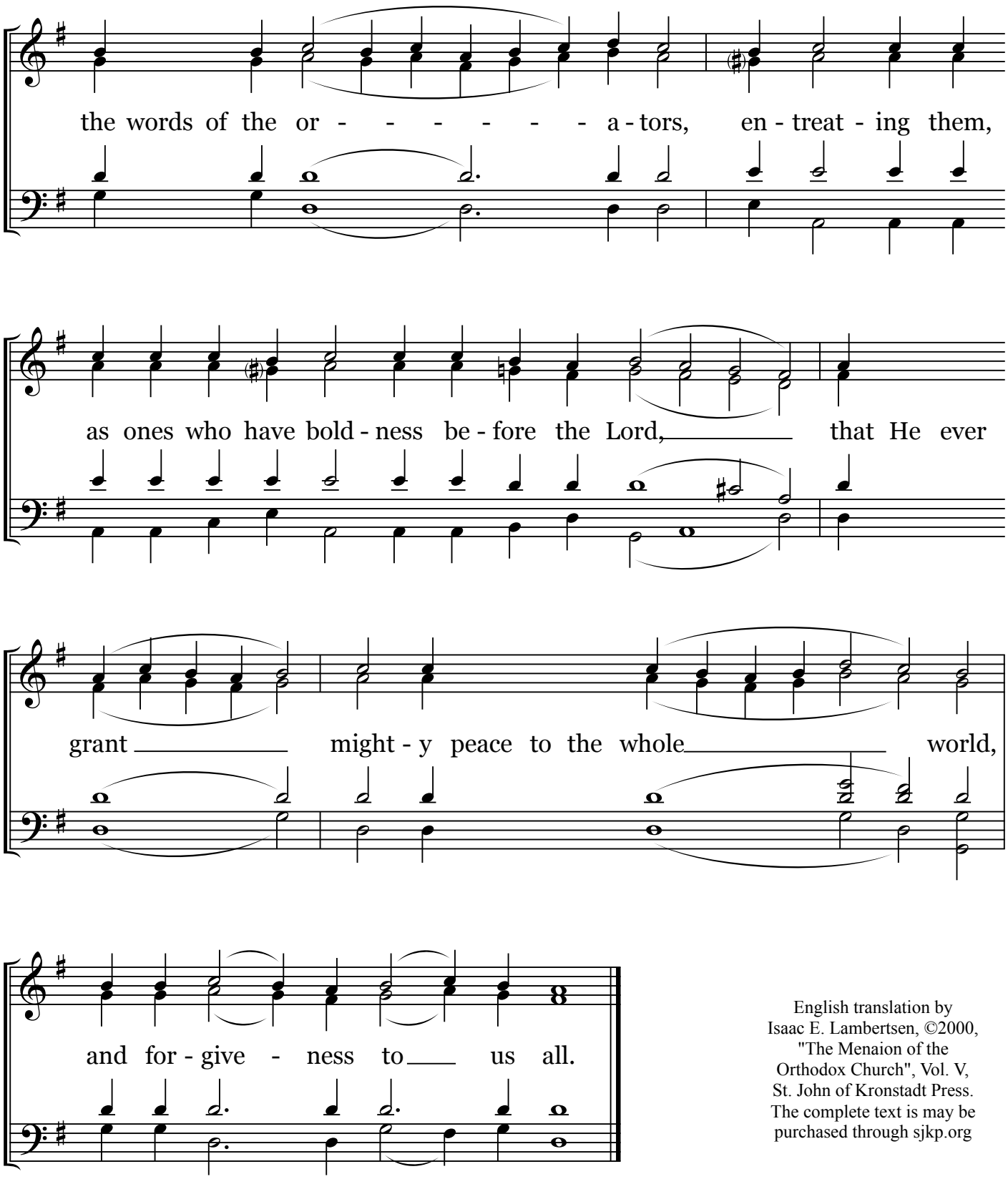
from Eden

from E - den, flood - ing the face of the earth
with life - bearing and divine streams,
and who have mold - - - - - - - - ed the Faith
as the el - e - ments form cre - a - - - - tion.

(2) Reader: O praise the Lord, all ye nations;


hath passed over all the land and the sea of cre - a - - - - - - tion.
Hence, most ex - cel - lent things are brought to - geth - - - er
and assembled through their di - vine laws in - to
one Or - tho - dox - y, for the ends of the earth.

(1) Reader: For He hath made His mercy to prevail over us,



English translation by
Isaac E. Lambertsen, ©2000,
"The Menaion of the
Orthodox Church", Vol. V,
St. John of Kronstadt Press.
The complete text is may be
purchased through sjkp.org