

January 30: Three Holy Hierarchs
Stichera on "Lord I have cried" (on a weekday)
Tone 4, Special Melody, "As one valiant among the martyrs..."
Optina Hermitage Chant

(8) Reader: Out of the depths have I cried unto Thee, O Lord;

I-descant
II-chant melody

O Lord hear my voice.

As is meet, let us glo - ri - fy John and Ba - sil, with

Greg - o - ry: the three her - alds of the great

Tri - - - ni - ty, the instruments of grace,

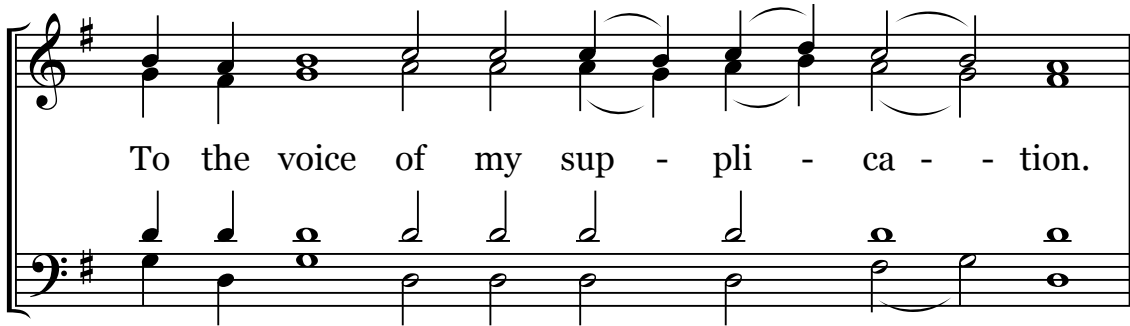
the harps of the Spi - - - - - rit, the right fa - mous

cla-ri-ons of pro - cla-ma - - - - tion, awesome and of clear

res - - - o-nance, who thun - - - - der forth from the heights

and de - clare to the ends of the earth the glo - ry of God.

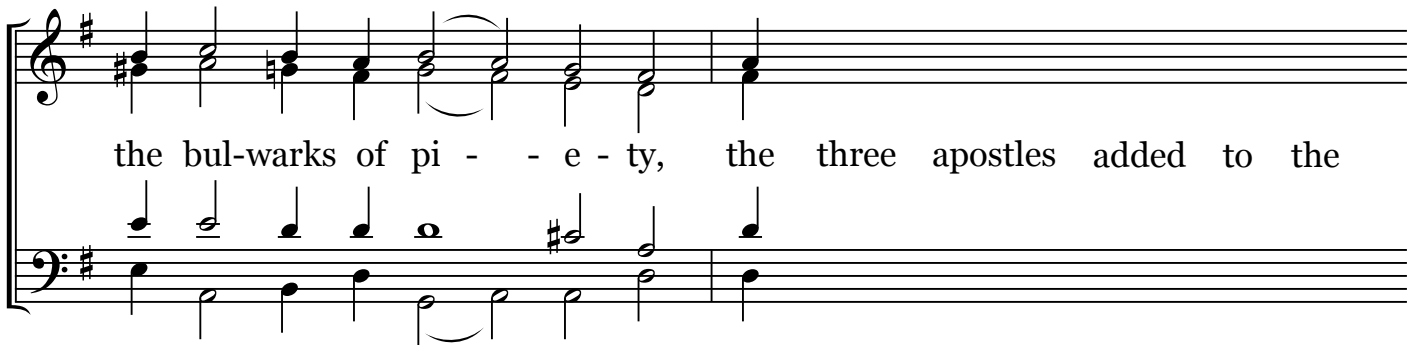
(7) Reader: Let Thine ears be attentive



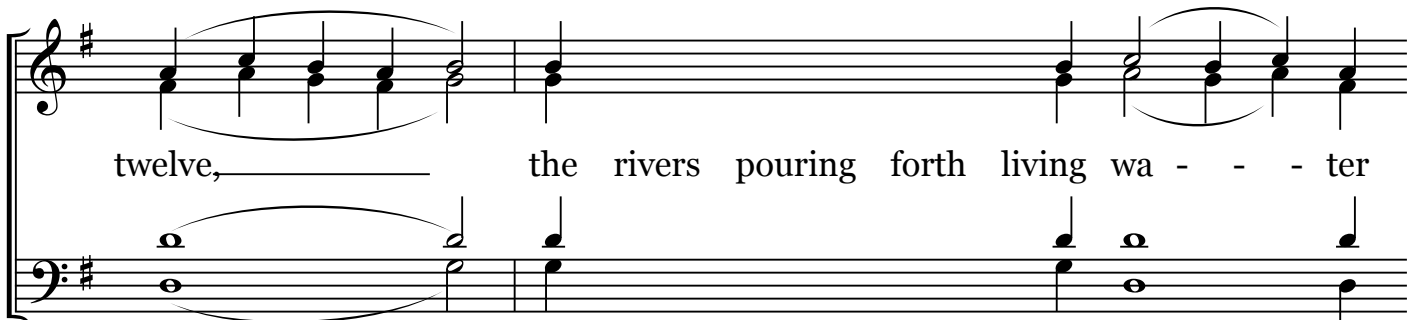
To the voice of my sup - pli - ca - - tion.



Let the three cham - - - pi - ons be hon - ored as ___ is meet: ___



the bul-warks of pi - - e - ty, the three apostles added to the



twelve, the rivers pouring forth living wa - - - ter

from Eden

from E - den, flood - ing the face of the earth

with life - bearing and divine streams,

and who have mold - - - - - ed the Faith

as the el - e - ments form cre - a - - - - tion.

(6) Reader: If Thou shouldest mark iniquities, O Lord, O Lord, who shall stand?

For with Thee there is _____ for give - - - - - ness.

The first system of musical notation consists of a treble and bass staff in G major. The treble staff features a series of chords, with a long melisma over the word 'ness'. The bass staff provides a simple harmonic accompaniment.

There is no _____ speech nor spo - - - - ken words, _____

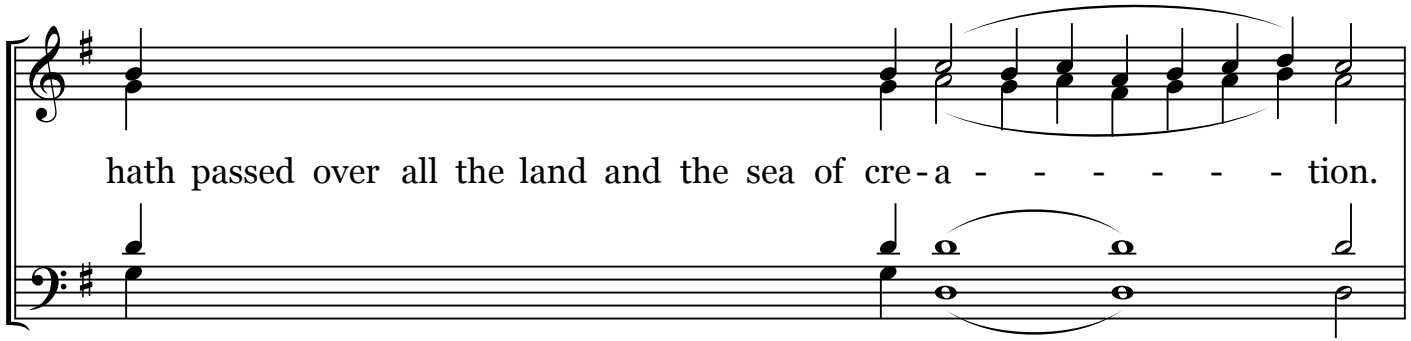
The second system continues the musical notation with similar chordal textures and melismas over the words 'speech' and 'ken words'.

which are not heard in their voic - es _____ it _____ is said;

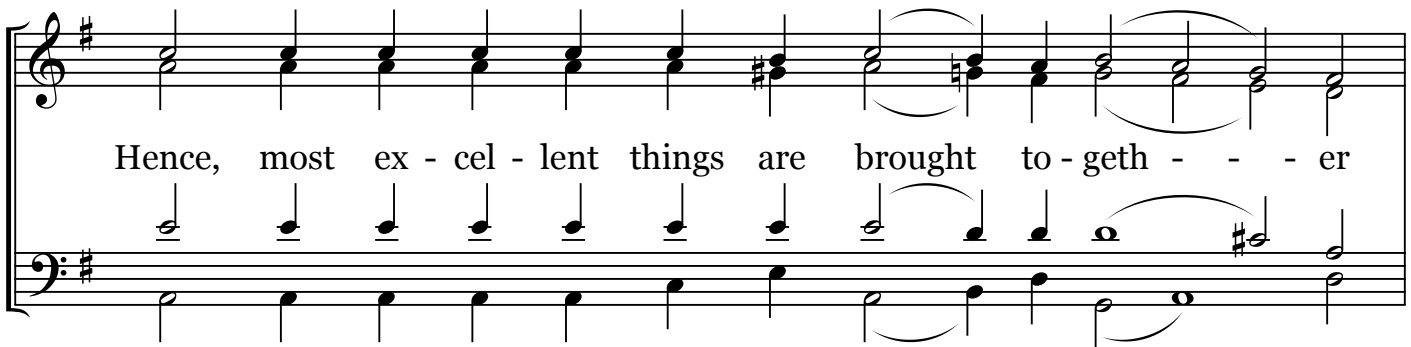
The third system continues the musical notation, with melismas over 'voic - es' and 'is said'.

for the proclamation of the divine and wise teach - - - - ers

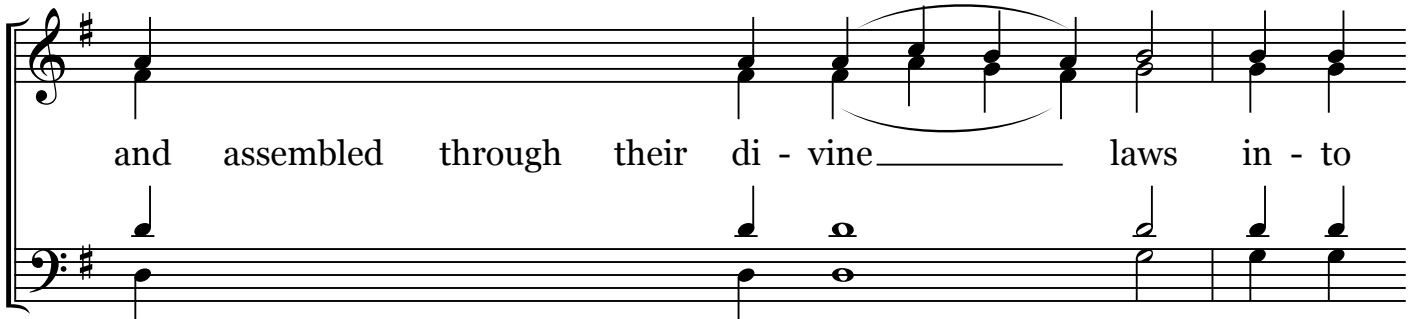
The final system of musical notation concludes the stichera with a melisma over the word 'teach'.



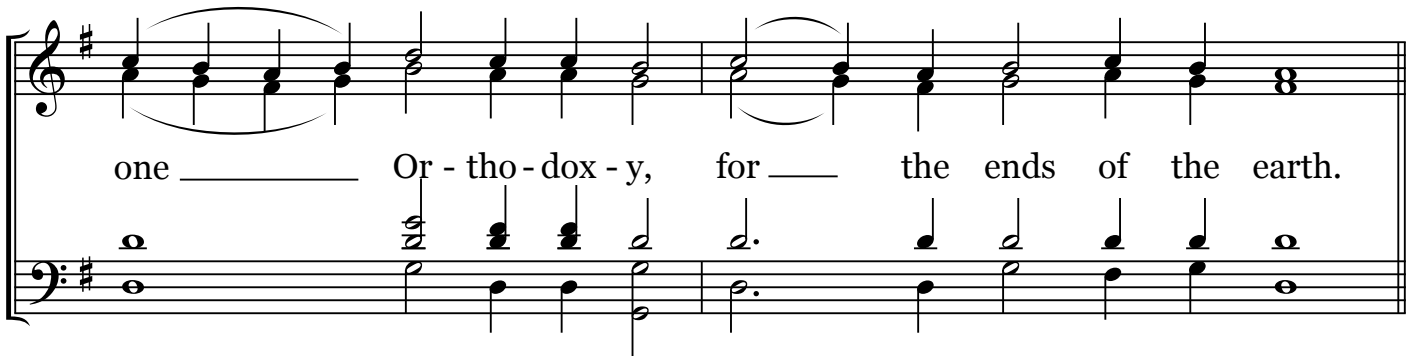
hath passed over all the land and the sea of cre-a - - - - - tion.



Hence, most ex - cel - lent things are brought to - geth - - - er



and assembled through their di - vine _____ laws in - to



one _____ Or - tho - dox - y, for _____ the ends of the earth.

**(5) Reader: For Thy name's sake have I patiently waited for Thee,
O Lord; my soul hath waited patiently for Thy word,**

My__ soul__ hath hoped _____ in the Lord.

The first system of musical notation consists of a treble and bass staff in G major. The treble staff features a melody of chords with a long note value, while the bass staff provides a simple harmonic accompaniment. The lyrics are: "My__ soul__ hath hoped _____ in the Lord."

With voic - es of hym - - - no - dy let us who follow their

The second system continues the musical notation. The treble staff melody is more active, with eighth notes. The bass staff accompaniment remains simple. The lyrics are: "With voic - es of hym - - - no - dy let us who follow their"

dog - - - - mas__ praise the in - stru - ments of the

The third system continues the musical notation. The treble staff melody features a long note value. The bass staff accompaniment is simple. The lyrics are: "dog - - - - mas__ praise the in - stru - ments of the"

Ho - ly Spi - - - rit, the clarions of the truth,_____

The fourth system concludes the musical notation. The treble staff melody has a long note value. The bass staff accompaniment is simple. The lyrics are: "Ho - ly Spi - - - rit, the clarions of the truth,_____"

the words of the or - - - a - tors, en - treat - ing them,

as ones who have bold - ness be - fore the Lord, that He ever

grant might - y peace to the whole world,

and for - give - ness to us all.

English translation by
Isaac E. Lambertsen, ©2000,
"The Menaion of the
Orthodox Church", Vol. V,
St. John of Kronstadt Press.
The complete text is may be
purchased through sjkp.org