

Sunday of the Holy Forefathers (Dec. 11-17)

Stichera on "Lord I have cried", Tone 8 - Kievan

(7) *Reader:* Let Thine ears be attentive

To the voice of my sup - pli - ca - - - - - tion.

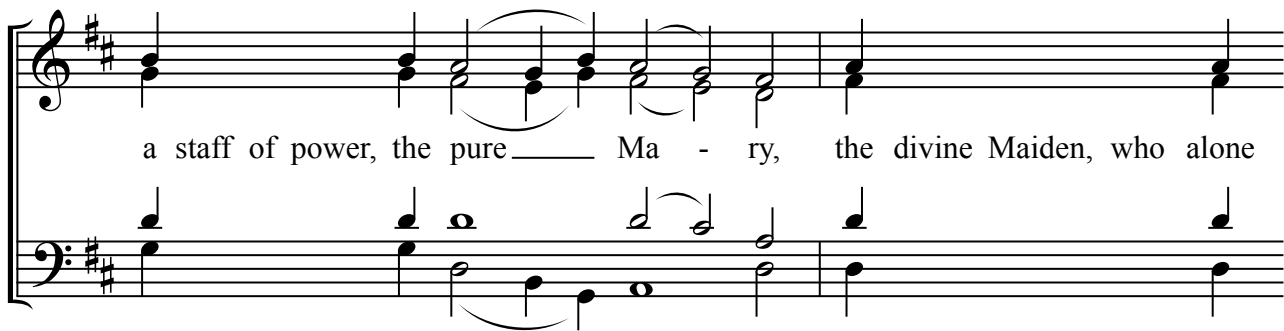
Cel-ebating the memory of the fore - fa - thers to - day, O ye faith - ful,

let us hymn as mighty and powerful Christ the De - liv - er - er,

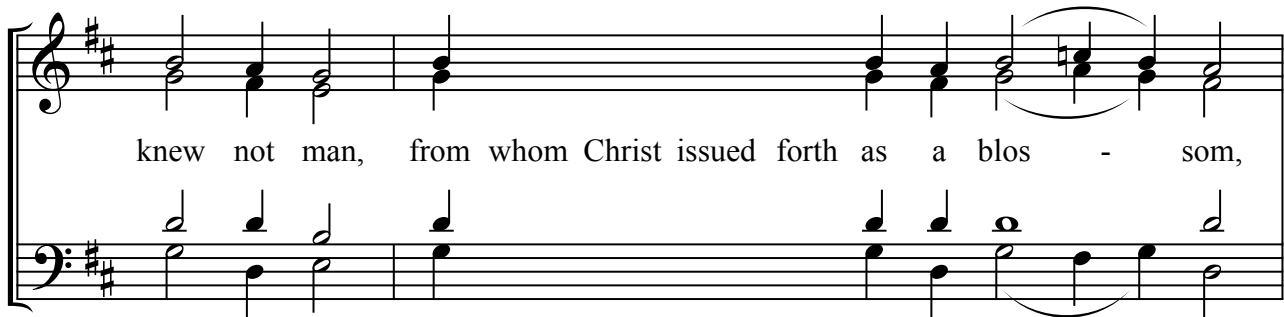
Who exalted them among all na - tions, the Lord Who hath faithfully



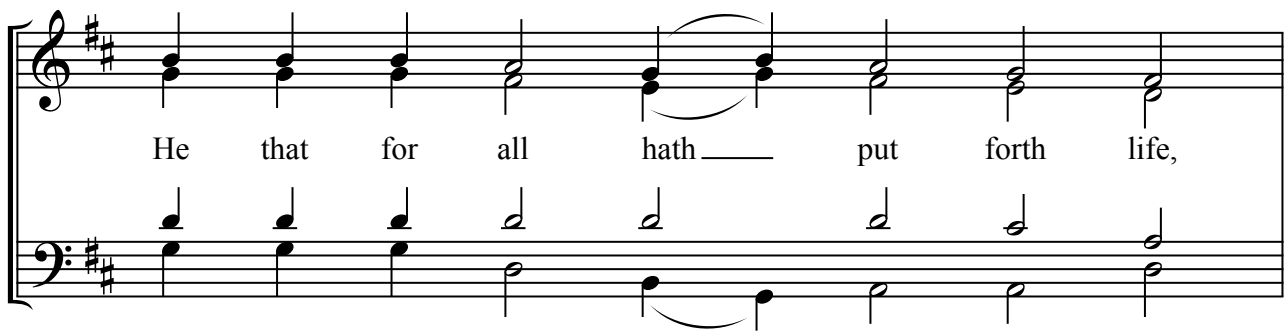
wrought most glo-ri-ous mir - a-cles, and Who hath, through them, shown us



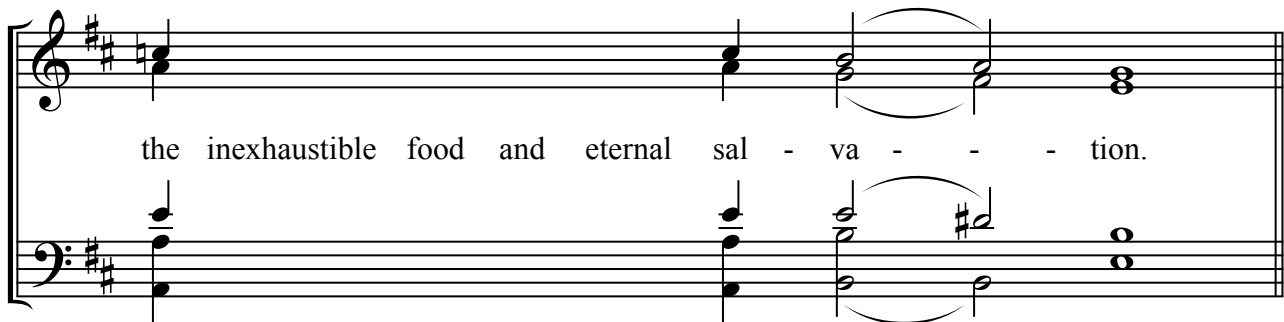
a staff of power, the pure Ma - ry, the divine Maiden, who alone



knew not man, from whom Christ issued forth as a blos - som,



He that for all hath put forth life,



the inexhaustible food and eternal sal - va - - - tion.

(6) *Reader:* If Thou shouldest mark iniquities, O Lord, O Lord, who shall stand?

For with Thee there is for - give - - - - - ness.

The first system of musical notation consists of two staves. The upper staff is in treble clef with a key signature of two sharps (F# and C#). The lower staff is in bass clef with the same key signature. The music is written in a style typical of Orthodox church music, featuring block chords and long note values. A large slur covers the final notes of both staves, which correspond to the word "ness" in the lyrics.

O Mas-ter, Who delivered the holy youths from the fire, and Daniel from the

The second system of musical notation consists of two staves. The upper staff is in treble clef with a key signature of two sharps. The lower staff is in bass clef with the same key signature. The music continues with block chords and long note values. The lyrics "O Mas-ter, Who delivered the holy youths from the fire, and Daniel from the" are written below the staves.

li - ons' mouths, Who blessed Abraham, and Isaac Thy servant, and

The third system of musical notation consists of two staves. The upper staff is in treble clef with a key signature of two sharps. The lower staff is in bass clef with the same key signature. The music continues with block chords and long note values. The lyrics "li - ons' mouths, Who blessed Abraham, and Isaac Thy servant, and" are written below the staves.

Ja - cob his son, Whose good will it was to become like

The fourth system of musical notation consists of two staves. The upper staff is in treble clef with a key signature of two sharps. The lower staff is in bass clef with the same key signature. The music continues with block chords and long note values. A large slur covers the final notes of both staves, which correspond to the word "like" in the lyrics. The lyrics "Ja - cob his son, Whose good will it was to become like" are written below the staves.

un - to us through their seed; our forefathers that had fall - en in the past,

hast Thou saved by Thy Cross and Res-ur-rec - tion; and having broken the

bonds of death, with Thyself Thou hast raised all among them, dead of

a - ges past, that worshipped Thee, O Christ, King of the a - ges.

(5) *Reader:* For Thy name's sake have I patiently waited for Thee, O Lord;
my soul hath waited patiently for Thy word,

My — soul hath hoped — in the Lord.

The first system of musical notation consists of a treble and bass staff in the key of D major. The treble staff contains a series of chords, with a long horizontal line under the word "hoped" indicating a sustained note. The bass staff provides a simple harmonic accompaniment with quarter and eighth notes.

Re-joic - ing in the dew of the Spi - rit, the godly youths walked

The second system continues the melody and accompaniment. The treble staff features a melodic line with some grace notes and a final chord. The bass staff continues with a steady accompaniment.

in the midst of the flame as in a — light — rain,

The third system shows the continuation of the text. The treble staff has a melodic line with a final chord. The bass staff continues with a steady accompaniment.

mystically imaging forth therein the Tri - ni - ty, and the in - car - na - tion of Christ,

The fourth and final system of the page. The treble staff has a melodic line with a final chord. The bass staff continues with a steady accompaniment.

and, as they were wise, they quenched the pow - er of the fire with faith;

and the right-ous Dan - iel was shown to be a restrainer of li - ons.

By their prayers be thou entreated, O Sa - viour, Who lov - est man-kind;

deliver us from the unquenchable fire of eter - ni - ty,

and vouchsafe us Thy king - dom, O Lord.

(4) *Reader:* From the morning watch until night, from the morning watch

Let Is - ra - el hope in the Lord.

Thy faith - ful and ho - ly youths, that walked in the furnace of fi - er - y

flame as in dew, mystically prefigured Thy coming forth from the Vir - gin,

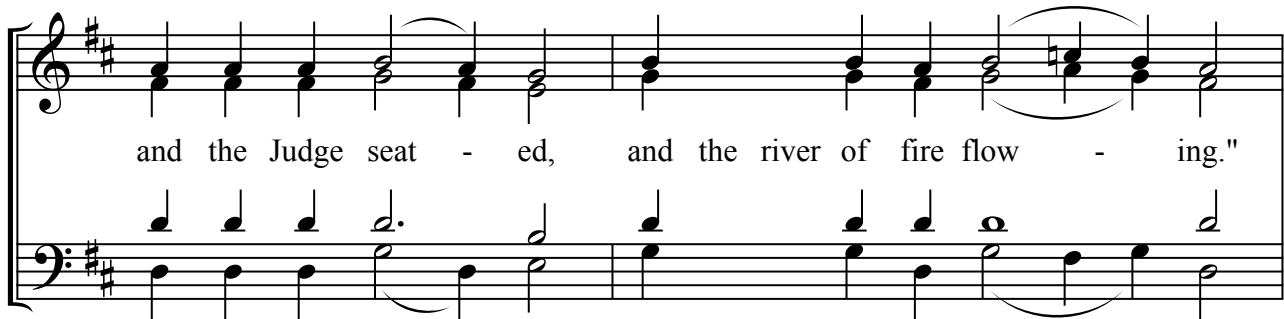
which hath showed forth upon us without con-sum-ing us; and the right-eous



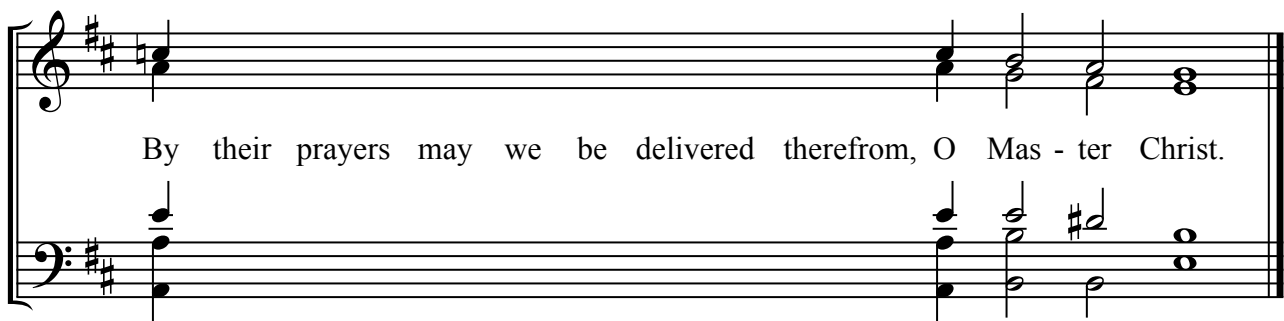
Daniel wondrous among the pro - phets, manifestly revealing beforehand thy



di-vine sec-ond com - ing, saith: "I have beheld the thrones set up,



and the Judge seat - ed, and the river of fire flow - ing."



By their prayers may we be delivered therefrom, O Mas - ter Christ.

English Translation by Isaac E. Lambertsen, "The Menaion of the Orthodox Church", Vol. IV,
St. John of Kronstadt Press, ©1998. The complete text may be purchased through: sjkp.org