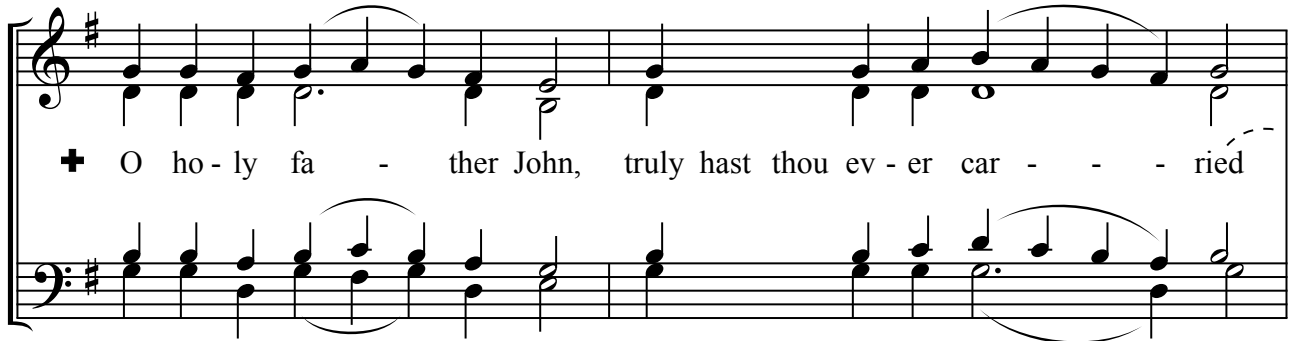


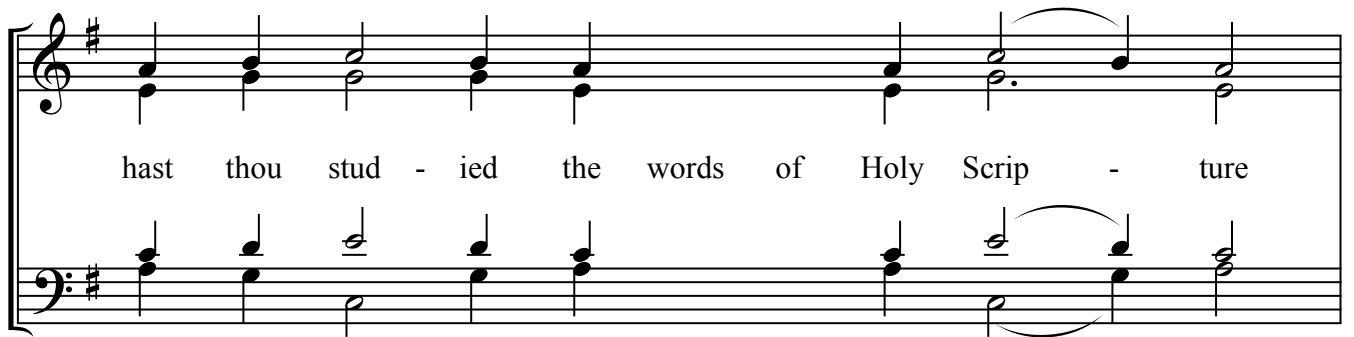
4th Sunday: St. John of the Ladder
Stichera on "Lord I have cried"
Tone 8, Special Melody "O Most Glorious Wonder..."
Optina Hermitage Chant



✙ O ho - ly fa - ther John, truly hast thou ev - er car - - - ried



on thy lips the prais - es of the Lord, and with great wis - - - dom



hast thou stud - ied the words of Holy Scrip - ture

that teach us how to practise the as - cet - ic life. so hast thou gained the

The first system of musical notation consists of two staves. The upper staff is in treble clef with a key signature of one sharp (F#) and a common time signature. It contains a series of chords and single notes. The lower staff is in bass clef with the same key signature and time signature, also containing chords and single notes. The lyrics are positioned between the two staves.

rich - es of grace, and thou hast be - come bless - - - ed,

The second system of musical notation consists of two staves. The upper staff is in treble clef with a key signature of one sharp (F#) and a common time signature. It contains a series of notes and chords, with a long slur over the final part of the phrase. The lower staff is in bass clef with the same key signature and time signature, also containing notes and chords with a long slur. The lyrics are positioned between the two staves.

o - ver - throw - ing all the purposes of the un - god - - - ly.

The third system of musical notation consists of two staves. The upper staff is in treble clef with a key signature of one sharp (F#) and a common time signature. It contains a series of notes and chords, with a long slur over the final part of the phrase. The lower staff is in bass clef with the same key signature and time signature, also containing notes and chords with a long slur. The lyrics are positioned between the two staves.

✙ Most glo - ri - ous fa - ther John, with the fountain of thy tears

thou hast cleansed thy soul, and by keeping vig-ils through the night,

thou hast gained God's mer - - - cy. Thou wast raised on wings,

O bless - ed one, to the love of Him and of His beau - ty;

and as is right thou dwellest now in His un - end - ing joy,

with thy fellow soldiers in the spi - ri - tu - al fight,

O ho - - - ly saint of God.

✙ O ho - ly fath - er John, through faith thou hast lift - ed up

thy mind on wings — to God; hating the restless con-fus-ion of this world,

thou hast ta - ken up thy Cross; — and fol - low - ing Him

Who sees all things, thou hast subjected thy rebellious body

to His guidance

to His guid - - - ance through as - ce - tic dis - ci-pline,

by the pow - er of the Ho - ly Spi - - - - rit.