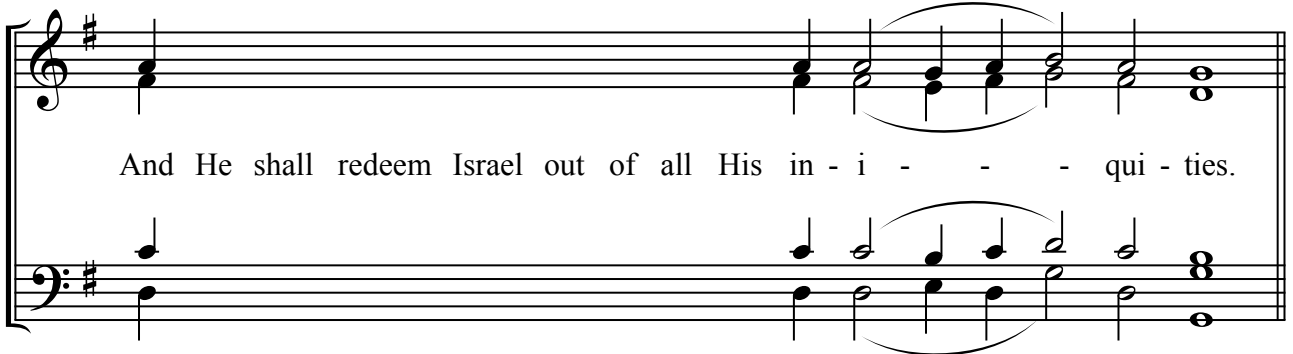



4th Sunday: St. John of the Ladder
Stichera on "Lord I have cried"
Tone 8, Special Melody "O Most Glorious Wonder..."
Optina Hermitage Chant

3) * *Reader:* In the 8th Tone, Special Melody "O most glorious wonder"
 For with the Lord there is mercy, and with Him is plenteous redemption;



And He shall redeem Israel out of all His in - i - - - qui - ties.



+ O ho - ly fa - ther John, truly hast thou ev - er car - - - ried



on thy lips the prais - es of the Lord, and with great wis - - - dom

* Given here according to the Slavonic Triodion which indicates 3 stichera of the Saint, however, "The Lenten Triodion", by Mother Mary, Monastery of the Veil, indicates 4 stichera of the Saint following the Greek Triodion. See additional Psalm verse at end.

hast thou stud - ied the words of Holy Scrip - ture

The first system of musical notation consists of a treble and bass staff in G major. The treble staff features a melody of eighth and quarter notes with a final half note. The bass staff provides a harmonic accompaniment of chords and single notes.

that teach us how to practise the as - cet - ic life. so hast thou gained the

The second system continues the melody and accompaniment. The treble staff melody includes a dotted quarter note and a half note. The bass staff accompaniment uses chords and single notes.

rich - es of grace, and thou hast be - come bless - - - ed,

The third system continues the melody and accompaniment. The treble staff melody features a half note and a quarter note. The bass staff accompaniment uses chords and single notes.

o - ver - throw - ing all the purposes of the un - god - - - - ly.

The fourth system concludes the melody and accompaniment. The treble staff melody ends with a half note. The bass staff accompaniment uses chords and single notes.

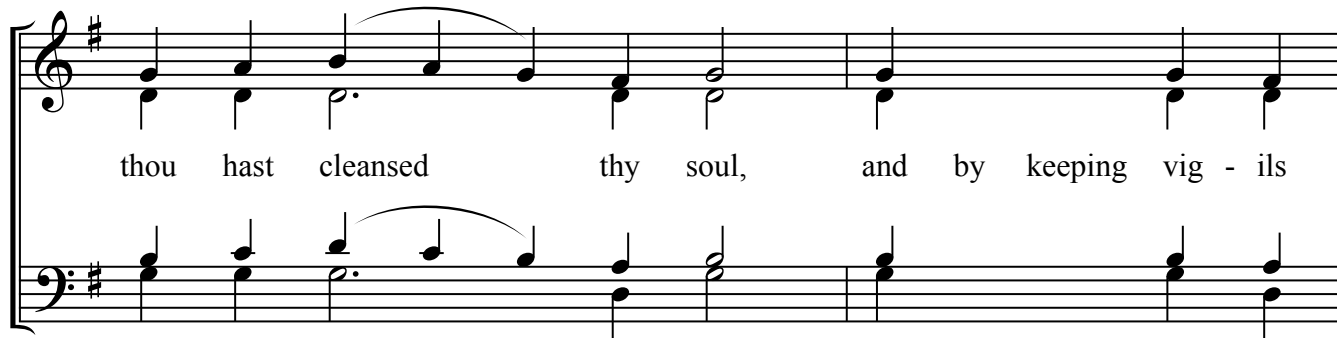
2) *Reader*: O praise the Lord, all ye nations;



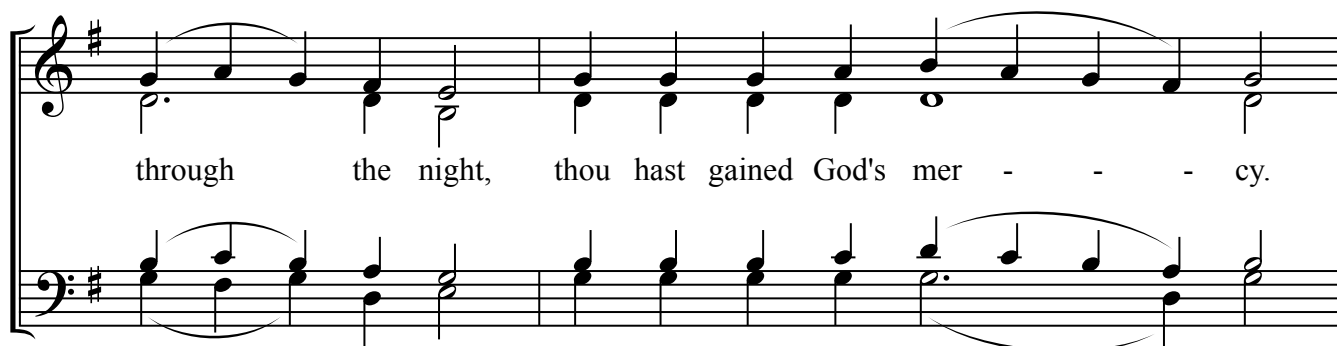
Praise Him all ye peo ples.



✚ Most glo - ri - ous fa - ther John, with the fountain of thy tears



thou hast cleansed thy soul, and by keeping vig - ils



through the night, thou hast gained God's mer - - - cy.

Thou wast raised on wings, O bless - ed one, to the love of Him

and of His beau - ty; and as is right thou dwellest now

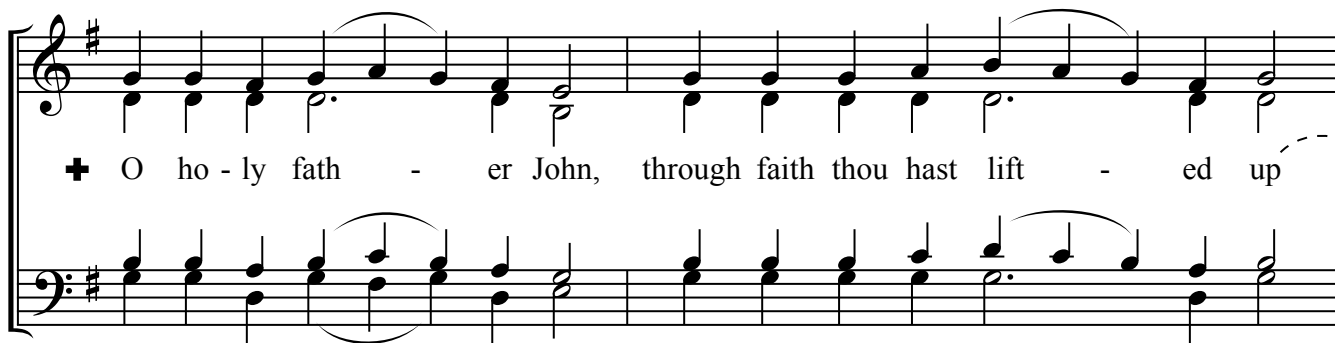
in His un - end - ing joy, with thy fellow soldiers in the

spi - ri - tu - al fight, O ho - ly saint of God.

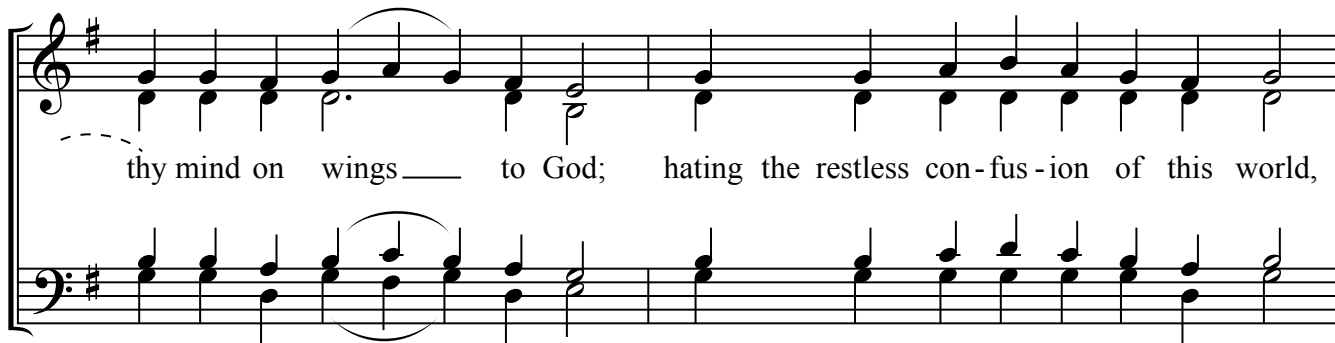
1) *Reader*: For He hath made His mercy to prevail over us,



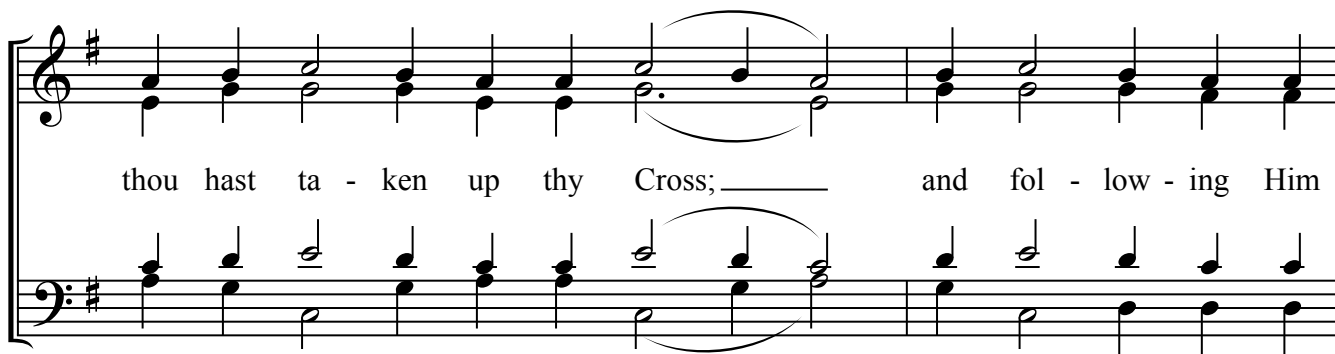
And the truth of the Lord abideth for - ev - - - - er.



✙ O ho - ly fath - er John, through faith thou hast lift - ed up



thy mind on wings — to God; hating the restless con - fus - ion of this world,



thou hast ta - ken up thy Cross; — and fol - low - ing Him

Who sees all things,

Who sees all things, thou hast subjected thy rebellious body

to His guid - - - ance through as - ce - tic dis - - - ci - pline,

by the pow - er of the Ho - ly Spi - - - - rit.

But if 4 verses are desired according to "The Lenten Triodion", insert this Psalm verse at the beginning,, repeating the 1st sticheron: "O holy father John, truly hast thou..."

4) Reader: From the morning watch until night, from the morning watch

Let Is - ra - el hope _____ in the Lord.