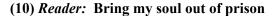
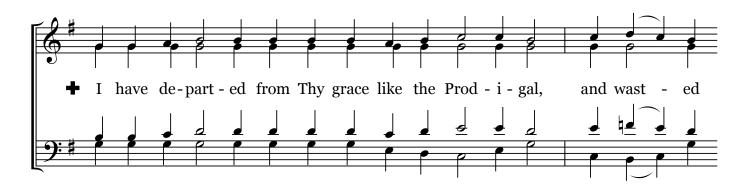
3rd Week of Lent: Vespers on Friday Evening (with Pre-sanctified Liturgy)

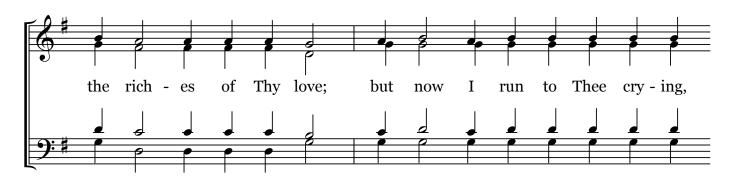
Tone 7 - Kievan Chant

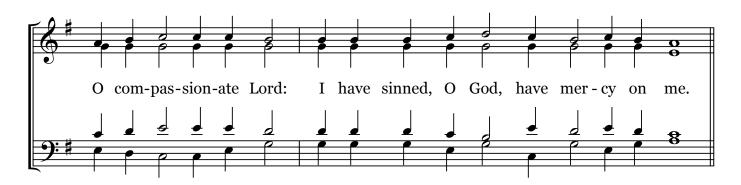
On "Lord I have cried", 10 stichera are sung, beginning with the following:



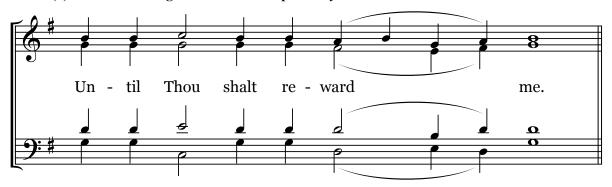








(9) Reader: The righteous shall wait patiently for me



Repeat 1st Sticheron: "I have departed from Thy grace..."

Then, 4 stichera to the Martyrs in the Tone of the week (from the Triodion Supplement), and 4 stichera to the saint of the day from the Menaion.

Adapted from: "The Lenten Triodion", translated by Mother Mary and Archimandrite Kallistos Ware.

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