

Evening of the 3rd Sunday of Lent: Vespers

At "Lord I have cried", 10 stichera are sung: 4 penitential stichera in the Tone of the week, and then 3 stichera from the Triodion:

(6) *Reader:* In the 8th tone— If Thou shouldest mark iniquities, O Lord,
O Lord, who shall stand?

The musical score is written for two voices, labeled I and II. It is in the 8th tone, indicated by a sharp sign on the F line of the staff. The melody is primarily composed of quarter and eighth notes, with some rests. The lyrics are: "For with Thee there is for - give - - - - - ness." The word "for" is on the first staff, "give" is on the second, and "ness" is on the third. The music features a long, sweeping melisma over the word "give", with a fermata over the final note.

O Lord, Thou hast stretched out Thine hands/
of Thine own will upon the Cross: /
fill us with Thy light through fasting and through prayer, /
through abstinence and works of charity; /
and count us worthy to adore Thy Cross with contrite hearts //
for Thou art good and Thou lovest mankind.

(5) *Reader:* For Thy name's sake have I patiently waited for Thee, O Lord;
my soul hath waited patiently for Thy word,

The image shows a musical score for the text "My soul hath hoped in the Lord." The score is written on two staves, a treble clef on top and a bass clef on the bottom. The key signature is one sharp (F#). The melody is written on the treble staff, and the bass staff provides a harmonic accompaniment. The text is written below the treble staff, with horizontal lines above the words "My", "soul", "hath", "hoped", "in", "the", and "Lord." indicating the placement of the notes. The melody is a simple, slow-moving line, and the accompaniment consists of chords and single notes.

O Lord all-merciful, /
in the multitude of Thy mercies, /
blot out the multitude of my sins, /
and count me worthy with a pure soul /
to behold and kiss Thy Cross /
during the present week of abstinence, //
for Thou lovest mankind.

(4) *Reader: In the 3rd Tone*— From the morning watch until night, from the morning watch

The image shows a musical score for the text "Let Israel hope in the Lord." It consists of two staves: a treble clef staff and a bass clef staff. The key signature is one sharp (F#). The melody is written in the treble clef, and the bass line is in the bass clef. The lyrics are placed below the treble staff. The text is: "Let Is - ra - el hope in the Lord." The word "Is" is connected to "ra" with a hyphen. The melody is a simple, slow-moving line with a final cadence on the word "Lord".

O mighty wonder! Before us stands the Wood, /
 on which Christ was crucified in the flesh. /
 The world venerates it, and illumined, cries aloud: /
 'Great is the power of the the Cross! /
 When devils look upon it, they are burnt; /
 by the sign of the Cross they are consumed with fire.' /
 O pure and holy Wood, I call the blessed; /
 I honor thee and worship thee with fear, /
 and I give glory unto God //
 Who through thee has bestowed upon me life without end.

*Then 3 stichera to the saint of the day from the Menaion;
 Glory...both now... and the Theotokion from the Menaion.*

Entrance, "O joyous light..."

The Great Prokeimenon: "Thou hast given an inheritance, O Lord..."

English text: "The Lenten Triodion", translated by Mother Mary and Archimandrite Kallistos,
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