

2nd Sunday of Lent: St. Gregory Palamas
Stichera of the Praises (on Sunday)
Tone 1, Special Melody, "Joy of the ranks of heaven..."
 Seven Lakes Hermitage Melody

Stichos: In the 1st Tone, Special Melody "Joy of the ranks of heaven";
 Praise Him with tuneful cymbals, praise Him with cymbals of jubilation.

I-descant
 II-chant
 melody

Let ev - ery breath — praise — the — Lord.

✚ In the world thou hast lived a life of bless - ed - ness, and now

in heaven thou dost rejoice in the assembly of the bless - - - ed; —

be - cause thou wast meek, thou dwell - - - - est

English text: "The Lenten Triodion", translated by Mother Mary and Archimandrite Kallistos Ware,
 Reprinted by St. Tikhon's Seminary Press, South Canaan, PA, 2002
 Psalm translation from "The Psalter according to the Seventy", ©1987, Holy Transfiguration Monastery

in the land that the meek inherit, O Bish - op Greg - o - ry, —

God has made thee rich in the grace of work-ing mir - - - a - cles,

which thou dost bestow on those who hon - our thee.

Stichos: The mouth of the righteous shall meditate wisdom,

And his tongue shall speak of — judge - - - - ment.

† O bless - ed saint, thou hast planted the dogmas of Or - tho - dox - y,

The first system of musical notation consists of a treble and bass staff in G major. The treble staff features a series of chords, with a repeat sign over the final two measures. The bass staff provides a simple harmonic accompaniment with quarter and eighth notes.

and cut down the thorns of her - - - e - sy.

The second system continues the melody. The treble staff has a repeat sign over the final two measures. The bass staff continues with a steady accompaniment.

With thy words thou hast watered the seed of the Faith mak - ing it grow

The third system continues the melody. The treble staff has a repeat sign over the final two measures. The bass staff continues with a steady accompaniment.

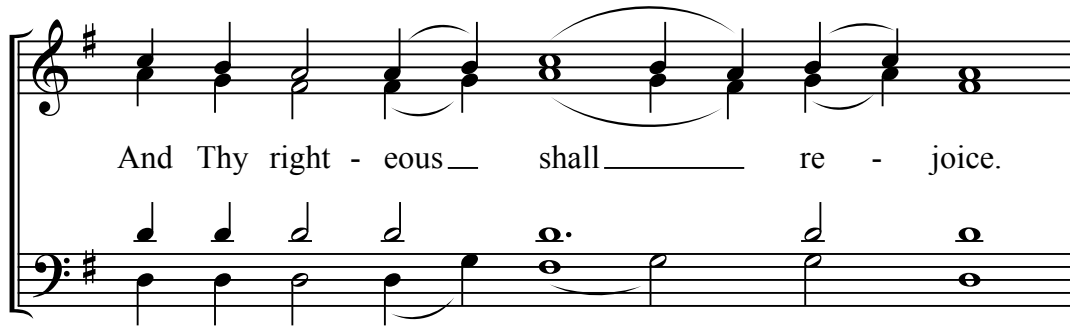
and as an ac - tive hus - band - man__ thou hast brought__ to God

The fourth system continues the melody. The treble staff has a repeat sign over the final two measures. The bass staff continues with a steady accompaniment.

ears of wheat in - creased an hun - dred - fold.

The fifth system concludes the hymn. The treble staff has a repeat sign over the final two measures. The bass staff continues with a steady accompaniment.

Stichos: Thy priests shall be clothed with righteousness,



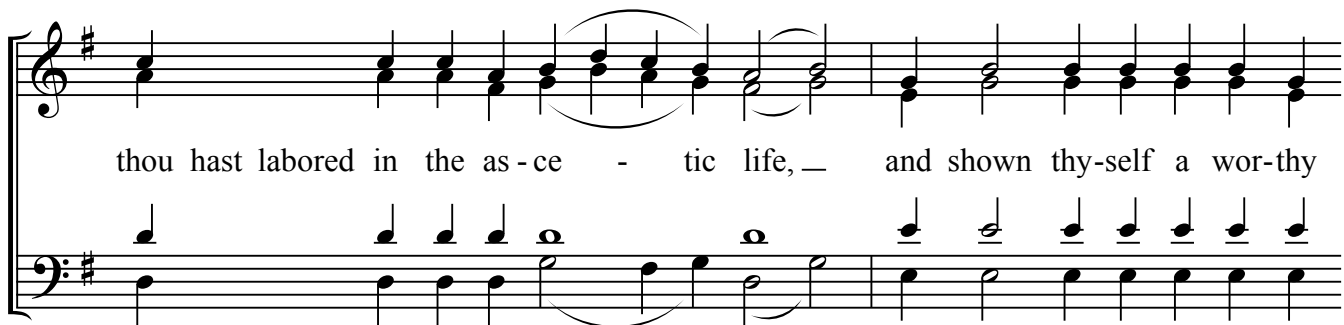
And Thy right - eous shall re - joice.



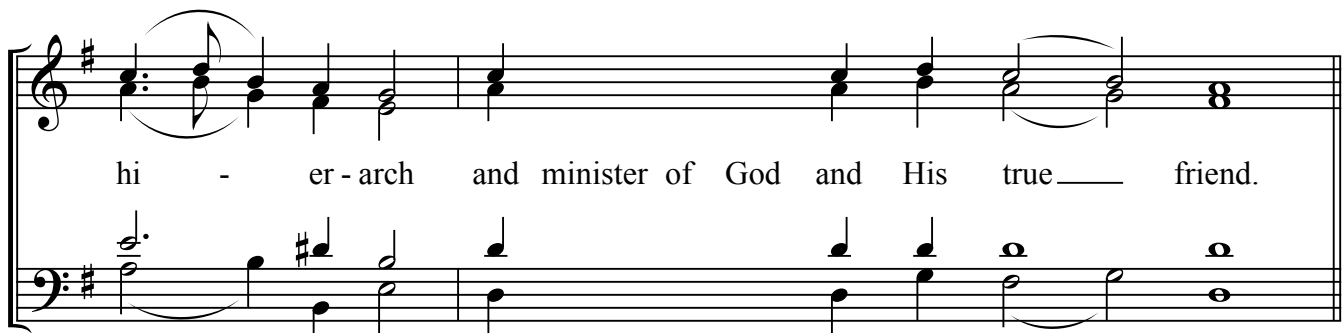
✚ The glo - ry of thy blameless life, O bless - ed saint, a - mazed



both an - gels and man - - kind. With stead - fast pur - pose



thou hast labored in the as - ce - tic life, and shown thy-self a wor - thy



hi - er - arch and minister of God and His true friend.