

2nd Sunday of Lent: St. Gregory Palamas Stichera on Lord I have cried, Tone 2

At "Lord I have cried", we sing 10 stichera, six of the Resurrection from the Octoechos, and 3 from the Triodion, the first being repeated:

(4) Reader: (In the 2nd Tone) From the morning watch until night, from the morning watch

II-chant melody

Let Is - ra - el hope in the Lord.

I-descant

What hymns of praise shall we sing in honor of the holy bishop? /
 He is the trumpet of theology, /
 the herald of the fire of grace, /
 the honored vessel of the Spirit, /
 the unshaken pillar of the Church, /
 the great joy of the inhabited earth, /
 the river of wisdom, the candlestick of the light, //
 the shining star that makes glorious the whole creation.

(3) Reader: For with the Lord there is mercy, and with Him is plenteous redemption;

And He shall redeem Israel out of all his in - i - qui-ties.

Repeat: "What hymns of praise..."

(2) *Reader*: O praise the Lord, all ye nations;

The image shows a musical score for the text "Praise Him all ye peoples." It consists of two staves, a treble clef staff on top and a bass clef staff on the bottom. The key signature is one sharp (F#). The melody is written in the treble clef, and the bass line is in the bass clef. The text is written below the treble clef staff. The music is in a simple, homophonic style, with the melody and bass line moving in parallel motion. The text "Praise Him all ye peoples." is written below the treble clef staff, with a long horizontal line extending from the end of the text to the right.

What words of song shall we weave as a garland, /
to crown the holy bishop? /
He is the champion of true devotion /
and the adversary of ungodliness, /
the fervent protector of the Faith, /
the great guide and teacher, /
the well-tuned harp of the Spirit, /
the golden tongue, /
the fountain that flow with waters of healing for the faithful, //
Gregory the great and marvellous.

(1) *Reader:* For He hath made his mercy to prevail over us,

And the truth of the Lord abideth for - ev - er.

The musical score consists of two staves, a treble clef on top and a bass clef on the bottom. The key signature is one sharp (F#). The melody is written in a simple, homophonic style with a mix of quarter and eighth notes. The lyrics are placed below the notes, with hyphens under 'ev' and 'er' to indicate a long note.

With what words shall we who dwell on earth /
 praise the holy bishop? /
He is the teacher of the Church, /
 the herald of the light of God, /
 the initiate of the heavenly mysteries of the Trinity, /
 the chief adornment of the monastic life, /
renowned alike in action and in contemplation, /
 the glory of Thessalonica; /
 and now he dwells in heaven /
 with the great and glorious martyr Demetrius, //
 whose relics flow with holy oil.

English text: "The Lenten Triodion", translated by Mother Mary and Archimandrite Kallistos,
 Reprinted by St. Tikhon's Seminary Press, 2002.