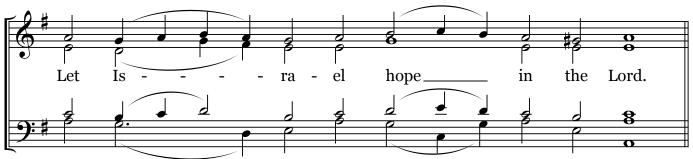
## 1st Sunday of Great Lent: Sunday of Orthodoxy Stichera on "Lord I have cried", Tone 6

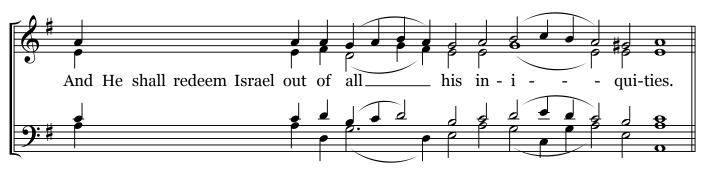
On "Lord I have cried", **ten** stichera are sung: **six** of the Resurrection in the Tone of the week, from the Octoechos, and the following **four** from the Triodion:

(4) Reader: In the 6th Tone: From the morning watch until night, from the morning watch



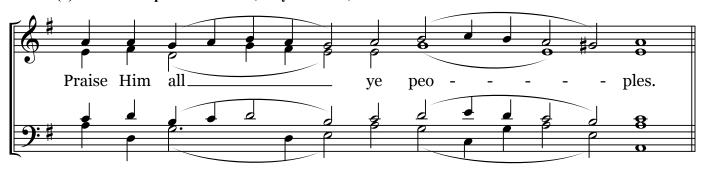
The prophets, inspired by Thy Spirit, O Lord, / foretold that Thou, whom nothing can contain or grasp, / and who hast shone forth in eternity before the morning star / from the immaterial and bodiless womb of the Father, / wast to become a child, taking flesh from the Virgin, / being joined to men and seen by those on earth. / At the prayers of these Thy prophets, / in Thy compassion count us worthy of Thy light, // for we sing the praises of Thine ineffable and holy resurrection.

(3) Reader: For with the Lord there is mercy, and with Him is plenteous redemption;



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The divinely-inspired prophets preached Thee in word / and honored Thee in works, / and they received as their reward life without end. / for they steadfastly refused, O Master, / to worship the creation instead of Thee, the Creator; / they renounced the whole world for the Gospel's sake, / and in their suffering / they were conformed to Thy Passion which they had foretold. / At their intercessions, count us worthy / to pass through the period of the Fast without offence, // for Thou alone art rich in mercy.
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## (2) Reader: O praise the Lord, all ye nations;



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Thou Who art uncircumscribed, O Master, /
in Thy divine nature, /
wast pleased in the last times to take flesh and be circumscribed; /
and in assuming flesh, /
Thou hast also taken on Thyself all its distinctive properties. /
Therefore we depict the likeness of Thine outward form, /
venerating it with an honor that is relative. /
So we are exalted to the love of Thee, /
and following the traditions handed down by the apostles, //
from Thin icon we receive the grace of healing.
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(1) Reader: For He hath made His mercy to prevail over us,



As a precious adornment /
the Church of Christ has received /
the venerable and holy icons /
of the Saviour Christ, /
of God's Mother /
and of all the saints. /
Celebrating now their triumphant restoration, /
she is made bright with grace and splendor, /
and drives away all heretics. /
With great rejoicing she gives glory /
unto God Who loves mankind, //
and Who for her sake has endured His voluntary Passion.