

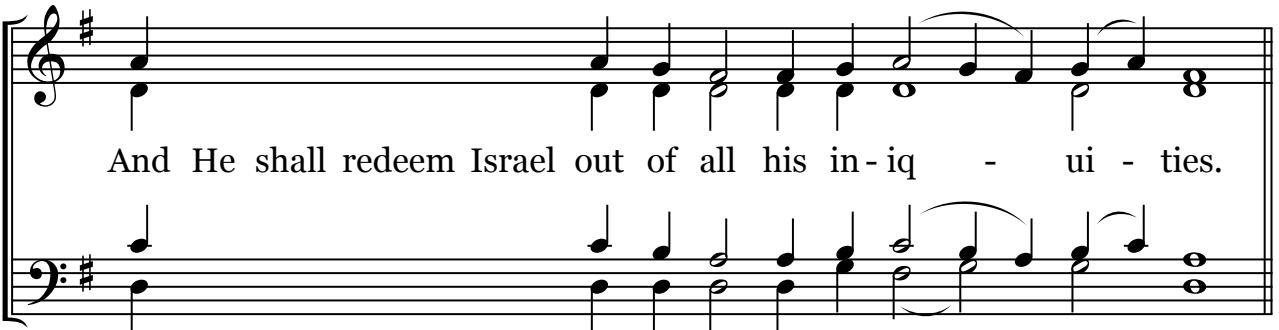
Holy Hieromartyr Phocas

September 22
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Stichera on "Lord I have cried" Tone 1, Special Melody "Joy of the ranks of heaven..."

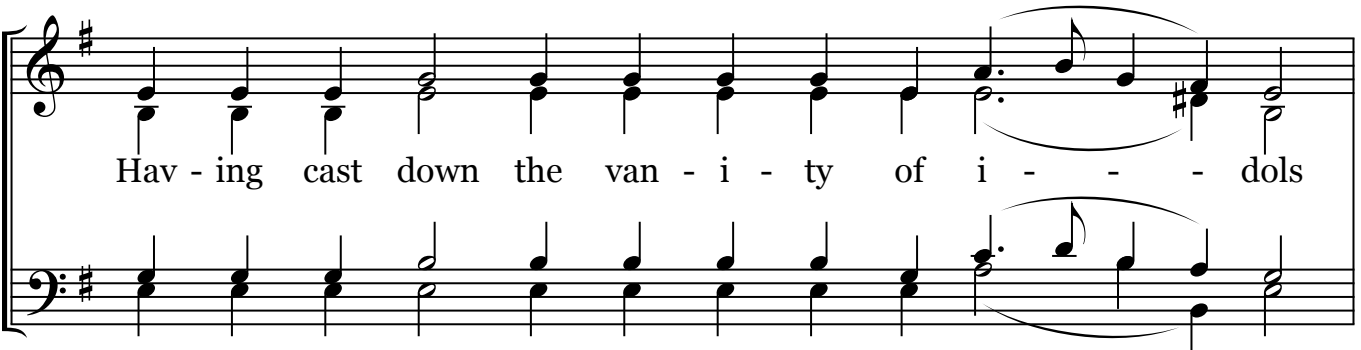
(3) *Reader:* In the 1st Tone, Special Melody "Joy of the ranks of heaven..."
For with the Lord there is mercy, and with Him is plenteous redemption;

chant melody



And He shall redeem Israel out of all his in-iq - ui - ties.

descant



Hav - ing cast down the van - i - ty of i - - - dols



by thy sa-cred dis - - - course, — thou didst make steadfast

Stichera on "Lord I have cried"

un - sta - ble hearts — by faith and didst guide them to life,

The first system of musical notation consists of a treble and bass staff. The treble staff begins with a treble clef and a key signature of one sharp (F#). The melody starts with a dotted quarter note on G4, followed by quarter notes on A4, B4, and C5. The bass staff begins with a bass clef and the same key signature. It features a steady accompaniment of quarter notes: G2, A2, B2, C3, D3, E3, F3, G3, A3, B3, C4, D4, E4, F4, G4.

O hier - arch. — And hav - ing suf - fered un - der the law,

The second system of musical notation continues the piece. The treble staff melody starts with a dotted quarter note on G4, followed by quarter notes on A4, B4, and C5. The bass staff accompaniment continues with quarter notes: G2, A2, B2, C3, D3, E3, F3, G3, A3, B3, C4, D4, E4, F4, G4.

thou didst be - come a martyr of the Lord, O Pho - cas.

The third system of musical notation concludes the piece. The treble staff melody starts with a dotted quarter note on G4, followed by quarter notes on A4, B4, and C5. The bass staff accompaniment continues with quarter notes: G2, A2, B2, C3, D3, E3, F3, G3, A3, B3, C4, D4, E4, F4, G4.

(2) *Reader:* O praise the Lord, all ye nations;

Praise Him all ye peo - - - - - ples.

Hav - ing dyed thy sa - cred ves - - - - - ture

in the blood of thy sacred body, O most sa-cred fa - - - - - ther, _

thou didst tru - ly re - ceive from Christ a two - fold crown,

Stichera on "Lord I have cried"

most bless - ed one, — and with the an - - - gels

thou dost hold chorus in the heavens, praying that we be saved.

(1) *Reader:* For He hath made His mercy to prevail over us,

And the truth of the Lord a - bi - deth for ev - - - er.

Thou dost il - lu - mine the whole world with the

rays of thy miracles, O fa - - - ther; thou dost

ev - er help those who are at sea, and dost dis - pel the carnal

Stichera on "Lord I have cried"

weak-ness of ev - ery soul, hav - ing re - ceived grace

from the Lord, O di - vine - ly bless - ed mar - tyr Pho - cas.

English translation by Isaac E. Lambertsen, ©1996, "The Menaion of the Orthodox Church", Vol. I,
St. John of Kronstadt Press. The complete service text may be purchased through: sjkp.org