

September 17: Martyrs Sophia & her Daughters Matins Aposticha (for on a weekday)

Reader: In the 6th tone, Special Melody, "On the third day..."

We bow down be - fore the place where the feet of

The first system of musical notation for the hymn. It consists of a treble and bass staff in G major (one sharp). The melody is written in a 6th tone style. The lyrics are: "We bow down be - fore the place where the feet of".

Christ stood, ex - alt ing the thrice-bless - ed Cross

The second system of musical notation. The lyrics are: "Christ stood, ex - alt ing the thrice-bless - ed Cross".

whereon the blood of the Master poured forth, Who hath

The third system of musical notation. The lyrics are: "whereon the blood of the Master poured forth, Who hath".

poured forth res-ur-rec - tion up - - on the world.

The fourth system of musical notation. The lyrics are: "poured forth res-ur-rec - tion up - - on the world."

Stichos: Exalt ye the Lord our God, and worship the footstool of His feet,

For it is ho - - - - ly.

The Stichos system of musical notation. The lyrics are: "For it is ho - - - - ly."

Hav-ing mor - - - tified the passions of the flesh and spi - - - rit, hav-ing

crucified ourselves with Christ the Mas - - - - ter, O ye

di-vine - ly wise, let us strive to el - e - vate our-selves, through

. the elevation of the Cross,

. to the rest of hea - - - - - ven.

Stichos: God is our King before the ages;

He hath wrought sal - va - - - tion in the midst _____ of the earth.

A life - - - bearing well - - spring hath man-i-fest-ly welled _____ forth

from _____ the divine side of the Sa - - vior, giv-ing drink _____ to the souls

of those _____ who with faith wor - - - - - ship

His di - vine Pas - sion, Cross and Res - ur - rec - tion.

Text: "The Menaion of the Orthodox Church", Vol. I, translated by Isaac E. Lambertsen, ©1996, St. John of Kronstadt Press.
The complete service text may be purchased through: sjkp.org Melody adapted from the "Sputnik Psalomchik"