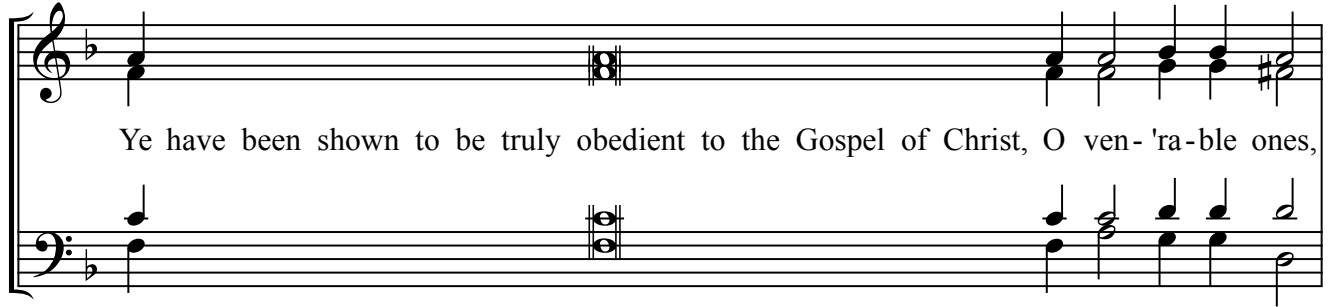



September 11: Sts. Sergius and Herman of Valaam
Troparion, Tone 4

Obikhod



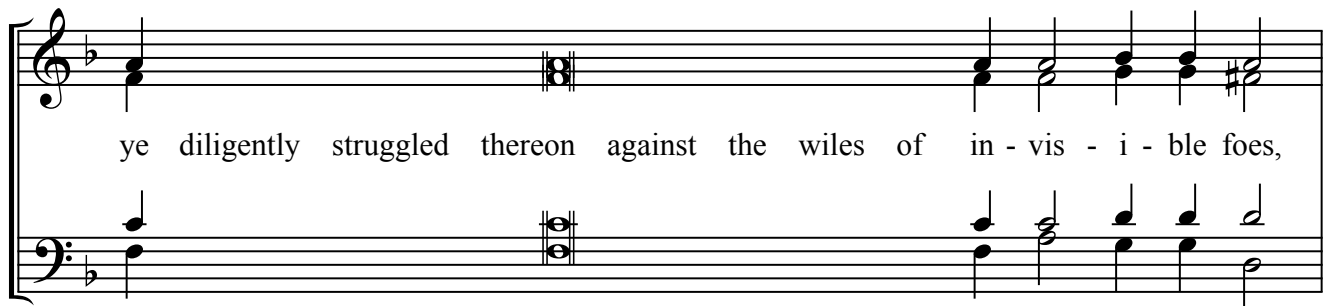
Ye have been shown to be truly obedient to the Gospel of Christ, O ven-'ra-ble ones,



for the sake of the love of Christ despising the world and all that is therein



as though it did not ex - ist; and making your abode on an is - land of the sea,



ye diligently struggled thereon against the wiles of in - vis - i - ble foes,

wisely subjecting your flesh to your spi - rit through fasting, vigil

and stand-ing all night. Wherefore, from the right hand of the Almighty ye have

re-ceived fit - ting crowns. And now, standing before the all - ho - ly Tri - ni - ty,

O most blessed fathers Sergius and Her - man, pray ye that the

suffering Russian land be preserved and our souls be saved.

September 11: Sts. Sergius and Herman of Valaam
Another Troparion, Tone 1

Flee - ing the tu-mult of the world, O ye lovers of serenity and pi - e - ty,

The first system of musical notation consists of a treble and bass staff. The treble staff begins with a G-clef and a key signature of one flat (B-flat). The melody starts with a half note G4, followed by quarter notes A4, B4, C5, D5, E5, F5, G5, and A5. The bass staff begins with an F-clef and a key signature of one flat. The accompaniment starts with a half note F3, followed by quarter notes G3, A3, B3, C4, D4, E4, F4, and G4. A double bar line with repeat dots is placed after the eighth measure of the treble staff.

from the east — did ye ar - rive at the calm ha - ven of Va-laam,

The second system of musical notation continues the melody and accompaniment. The treble staff continues with quarter notes B5, C6, D6, E6, F6, G6, A6, and B6. The bass staff continues with quarter notes A4, B4, C5, D5, E5, F5, G5, and A5. A double bar line with repeat dots is placed after the eighth measure of the treble staff.

and thereon evangelically following after Christ in the vir - tues,

The third system of musical notation continues the melody and accompaniment. The treble staff continues with quarter notes B6, C7, D7, E7, F7, G7, A7, and B7. The bass staff continues with quarter notes B4, C5, D5, E5, F5, G5, A5, and B5. A double bar line with repeat dots is placed after the eighth measure of the treble staff.

ye as - cen - ded to the sum - mit of per - fec - tion.

The fourth system of musical notation continues the melody and accompaniment. The treble staff continues with quarter notes C8, D8, E8, F8, G8, A8, B8, and C9. The bass staff continues with quarter notes C5, D5, E5, F5, G5, A5, B5, and C6. A double bar line with repeat dots is placed after the eighth measure of the treble staff.

And now, delighting in the vision of God at thy universal fes - ti - val.

The first system of musical notation consists of a treble and bass staff. The treble staff begins with a G-clef and a key signature of one flat (B-flat). The melody is primarily composed of quarter and eighth notes. The bass staff begins with an F-clef and a key signature of one flat. The accompaniment consists of chords and single notes. A double bar line with repeat dots is placed after the first measure of each staff.

O most bless - ed Sergius and Herman entreat God, Who lov - est man-kind,

The second system of musical notation continues the melody and accompaniment. The treble staff features a melodic line with some slurs and ties. The bass staff provides harmonic support with chords and moving lines. A double bar line with repeat dots is placed after the first measure of each staff.

that He save us all who piously hon - or you.

The third system of musical notation concludes the troparion. The treble staff ends with a final cadence. The bass staff provides a solid harmonic base. A double bar line with repeat dots is placed after the first measure of each staff.

English text: "The Menaion of the Orthodox Church", Vol. I, translated by Isaac E. Lambertsen,
St. John of Kronstadt Press, ©1996. The complete service text may be purchased through: sjkp.org