

**October 30: Stichera on "Lord I have cried"  
Glory, in the 6th Tone**

*Reader:* Glory, in the 6th Tone:

Glory to the Father, and to the Son, and to the Ho - ly Spi - - rit.

Let us form a choir to chant hymnody today, /  
O ye who love the martyrs, /  
in honor of the most pious athletes Zenobius and Zenobia; /  
for they were champions of the Trinity, /  
and with their precious blood /  
manfully choked the invisible enemy in the arena, /  
and have gloriously received the crown of victory. /  
Wherefore, let us cry out to them: /  
O holy pair, luminous twain blessed by the Lord, //  
entreat the Savior in behalf of our souls.

English translation: "The Menaion of the Orthodox Church", Vol. II,  
translated by Isaac E. Lambertsen, ©1999, St. John of Kronstadt Press.  
The complete service text may be purchased through: [sjkp.org](http://sjkp.org)