

**It is Truly Meet**  
**Tone 4, Special Melody "As one valiant among martyrs..."**  
**Optina Hermitage Melody**

S  
A

It is tru-ly meet to bless \_\_\_\_\_ thee, the The-o-to - - - kos, \_\_\_\_\_

T  
B

ev - er bless-ed and most - blame - - less, and Moth-er of our

God. \_\_\_\_\_ More hon-or - a - ble than the Che - - - - ru-bim,

and be-yond com-pare more glo - ri - ous than the Ser - a - phim,

## It is Truly Meet - Melody "As one valiant"

who with-out cor-rup-tion gav-est birth to God \_\_\_\_\_ the Word,

the ver - y The - o - to - kos, thee do we mag - ni - fy.

Melody adapted from the "Sputnik Psalomchik"

English Text: "The Divine Liturgy for Choir and Laity", R-monk Laurence,  
Holy Trinity Monastery, Jordanville, NY.