

June 4: St. Metrophanes of Constantinople
Troparion, Tone 4
Obikhod

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A

The truth of things revealed thee to thy flock as a rule of faith,

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B

a model of meekness and teacher of ab-sti-nence. Wherefore, thou didst attain

the heights through hu-mil-i-ty, and riches through pov-er-ty.

O father and hierarch Metro-phan-es, en-treat Christ God,

that our souls be saved.

English translation
 by Reader Isaac Lambertsen © 1999,
 "The Menaion of the Orthodox Church",
 Vol X, St. John of Kronstadt Press.
 The complete service may be purchased
 through: sjkp.org