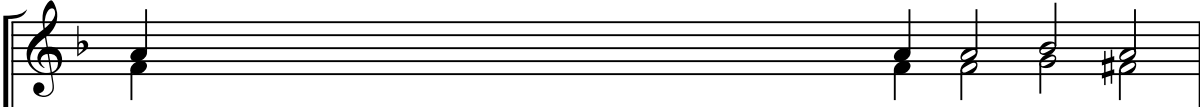



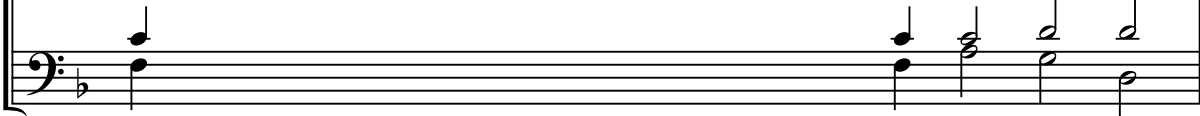
**June 4: St. Metrophanes of Constantinople**  
**Troparion, Tone 4**  
**Obikhod**

S  
A




The truth of things revealed thee to thy flock as a rule of faith,

T  
B



a model of meekness and teacher of ab-sti-nence. Wherefore, thou didst attain



the heights through hu-mil-i-ty, and riches through pov-er-ty.



O father and hierarch Metro-phan-es, en-treat Christ God,



that our souls be saved.



English translation  
by Reader Isaac Lambertsen © 1999,  
"The Menaion of the Orthodox Church",  
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The complete service may be purchased  
through: [sjkp.org](http://sjkp.org)