



January 30: Three Holy Hierarchs
Stichera on "Lord I have cried" (on a Triodion Sunday)
Tone 4, Special Melody, "As one valiant among the martyrs..."
Optina Hermitage Chant

(4) Reader: From the morning watch until night, from the morning watch


I-descant
II-chant melody




Let Is - ra - el hope in the Lord.



As is meet, let us glo - ri - fy John and Ba - sil, with



Greg - o - ry: the three her - alds of the great



Tri - - - ni - ty, the instruments of grace,

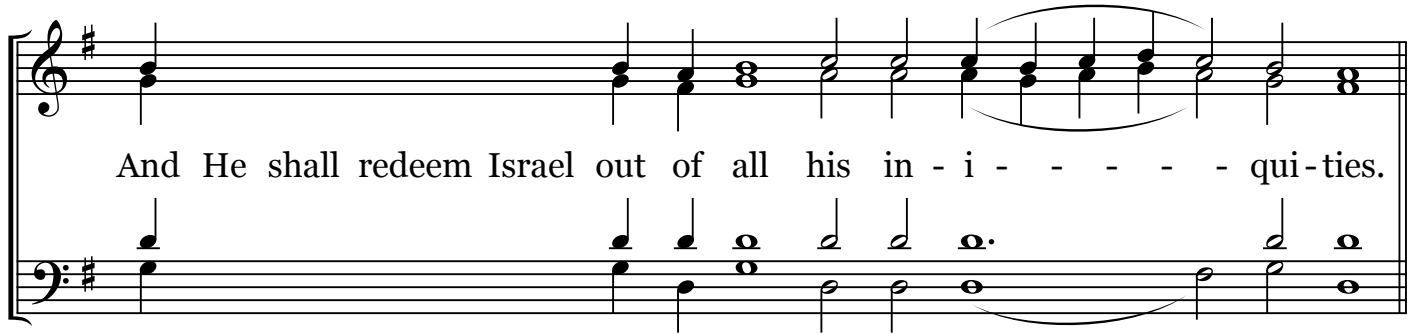
the harps of the Spi - - - - rit, the right fa - mous

cla-ri-ons of pro - cla-ma - - - tion, awesome and of clear

res - - - o-nance, who thun - - - - der forth from the heights

and de - clare to the ends of the earth the glo - ry of God.

(3) Reader: For with the Lord there is mercy and with Him is plenteous redemption;



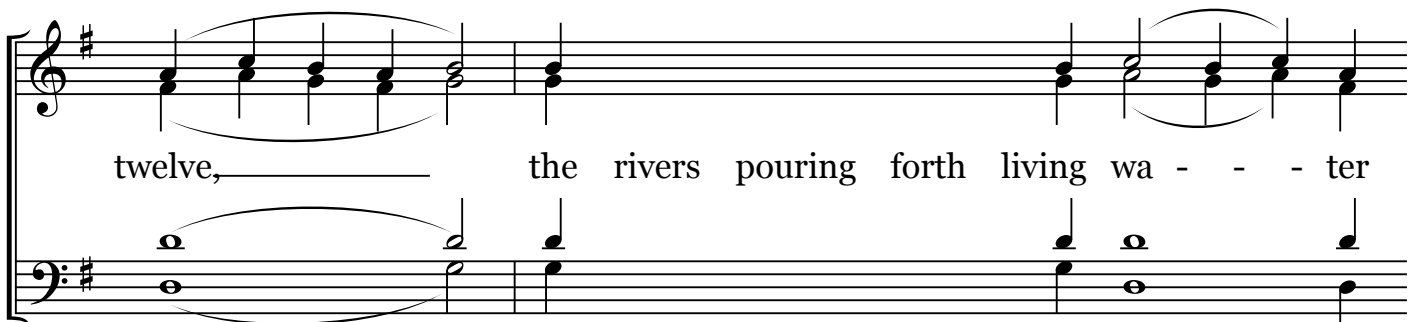
And He shall redeem Israel out of all his in - i - - - - - qui - ties.



Let the three cham - - - pi - ons be hon - ored as ___ is meet: ___



the bul-warks of pi - e - ty, the three apostles added to the



twelve, the rivers pouring forth living wa - - - ter

from Eden

from E - den, flood - ing the face of the earth

The first system of musical notation consists of a treble and bass staff in G major. The treble staff features a melodic line with eighth and quarter notes, while the bass staff provides a harmonic accompaniment with quarter and eighth notes. The lyrics are written below the treble staff.

with life - bearing and divine streams,

The second system continues the musical notation. The treble staff has a melodic line with quarter and eighth notes, and the bass staff has a harmonic accompaniment with quarter notes. The lyrics are written below the treble staff.

and who have mold - - - - - ed the Faith

The third system continues the musical notation. The treble staff has a melodic line with quarter and eighth notes, and the bass staff has a harmonic accompaniment with quarter notes. The lyrics are written below the treble staff.

as the el - e - ments form cre - a - - - - tion.

The fourth system concludes the musical notation. The treble staff has a melodic line with quarter and eighth notes, and the bass staff has a harmonic accompaniment with quarter notes. The lyrics are written below the treble staff.

(2) Reader: O praise the Lord, all ye nations;

Praise Him, all ——— ye peo - - - - - ples.

The first system of musical notation consists of a treble and bass staff in G major. The treble staff features a series of chords, with some notes beamed together. The bass staff provides a simple harmonic accompaniment with quarter and eighth notes.

There is no ——— speech nor spo - - - - ken words, —

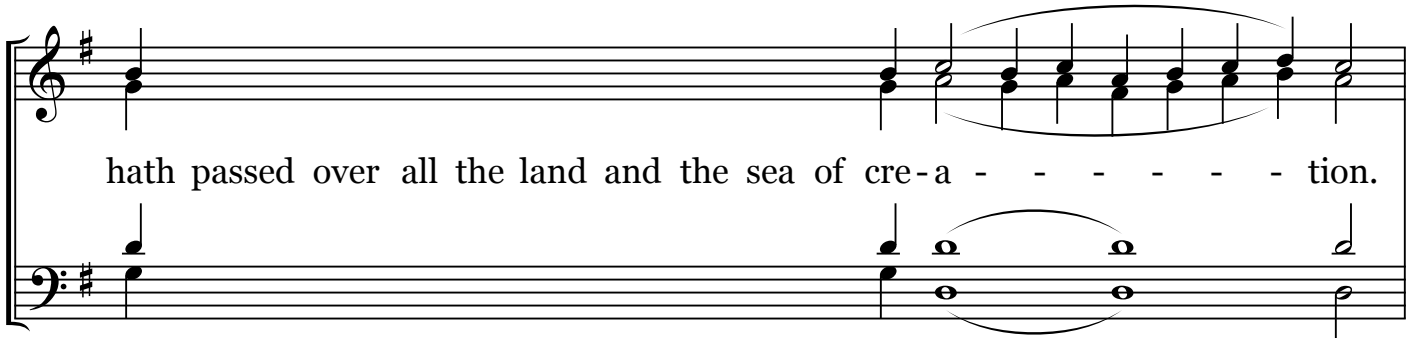
The second system continues the musical notation with similar chordal structures in the treble staff and accompaniment in the bass staff.

which are not heard in their voic - - - es it ——— is said;

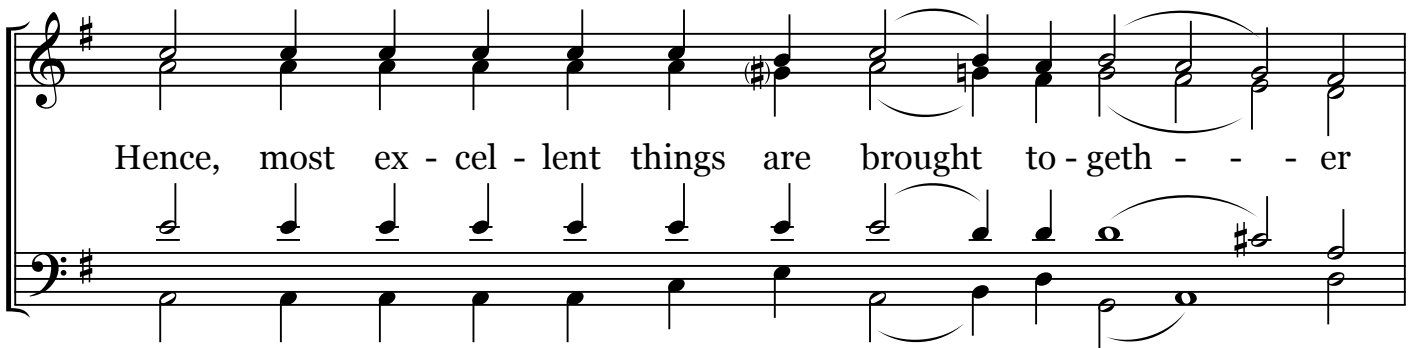
The third system of notation includes a key signature change to F# major (indicated by a sharp sign on the F line) in the treble staff. The lyrics continue across the system.

for the proclamation of the divine and wise teach - - - - ers

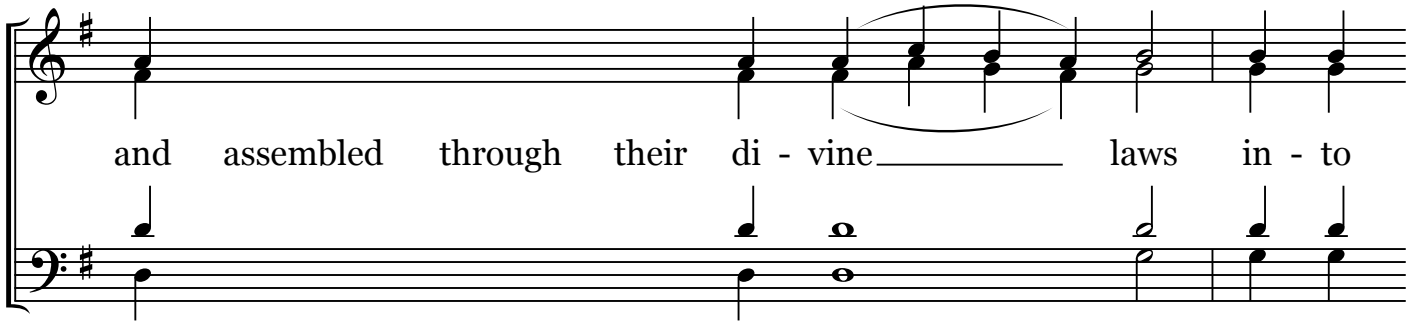
The final system of notation concludes the piece with a return to G major in the treble staff. The bass staff accompaniment remains consistent throughout.



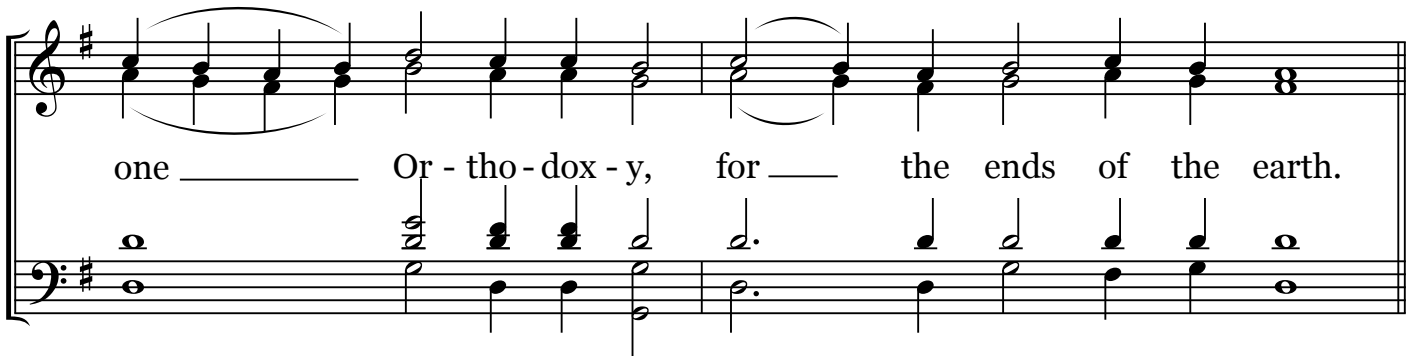
hath passed over all the land and the sea of cre-a - - - - - tion.



Hence, most ex - cel - lent things are brought to - geth - - - er




and assembled through their di - vine _____ laws in - to

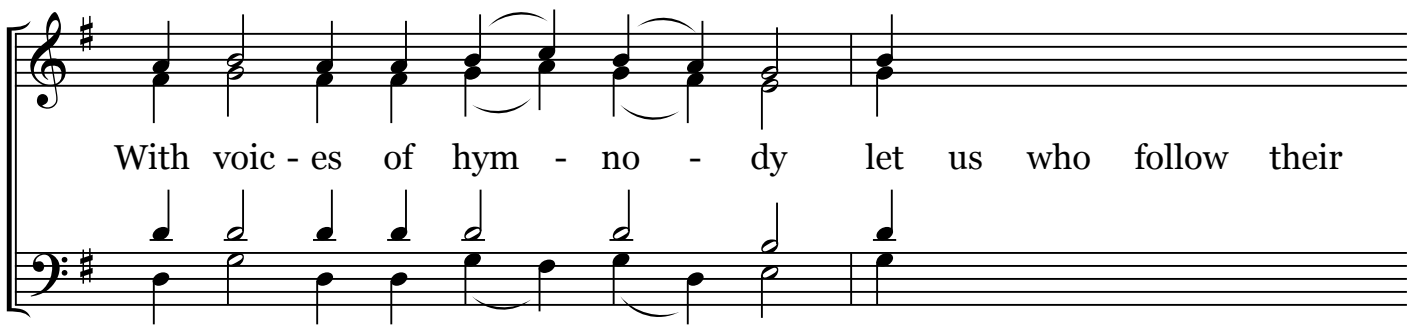


one _____ Or - tho - dox - y, for _____ the ends of the earth.

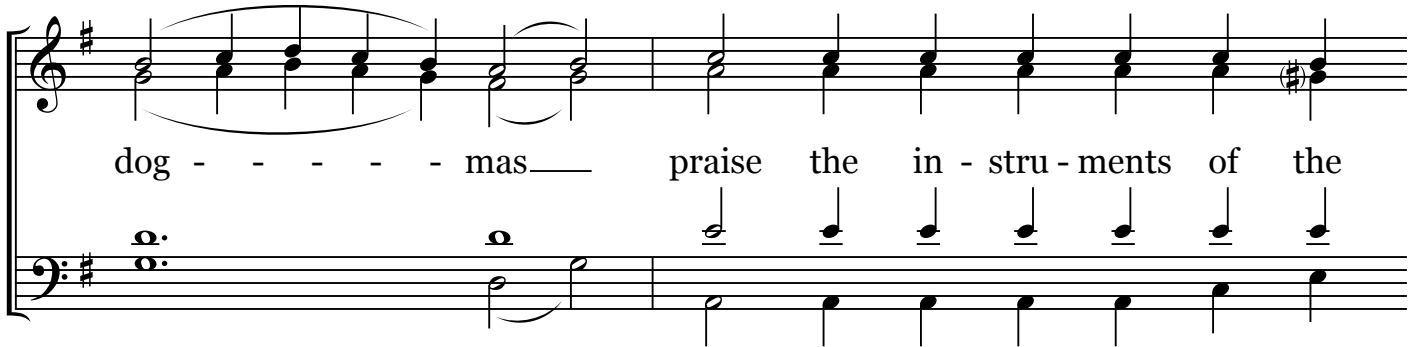
(1) Reader: For He hath made His mercy to prevail over us,



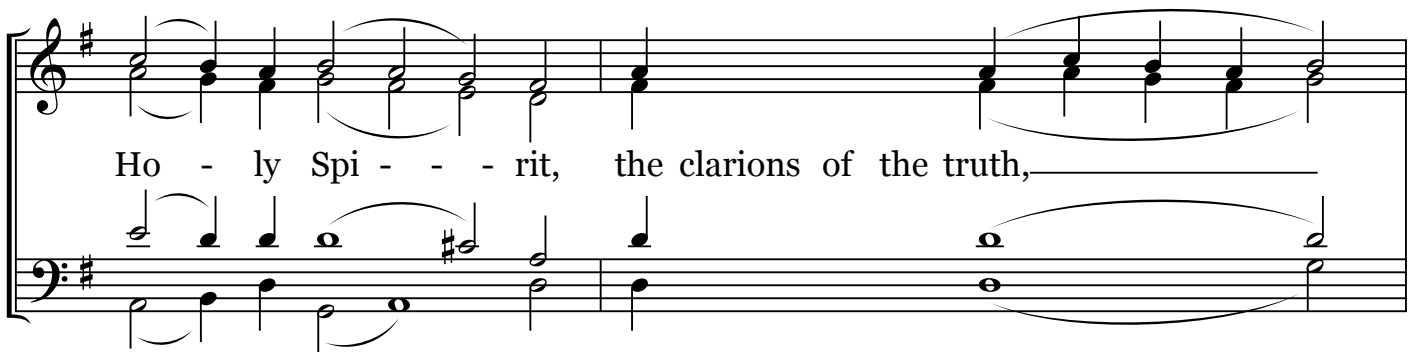
And the truth of the Lord a - bi - deth for - ev - - - - er.



With voic - es of hym - no - dy let us who follow their



dog - - - - mas — praise the in - stru - ments of the



Ho - ly Spi - - - rit, the clarions of the truth,

the words of the or - - - - a - tors, en - treat - ing them,

as ones who have bold - ness be - fore the Lord, that He ever

grant might - y peace to the whole world,

and for - give - ness to us all.

English translation by
Isaac E. Lambertsen, ©2000,
"The Menaion of the
Orthodox Church", Vol. V,
St. John of Kronstadt Press.
The complete text is may be
purchased through sjkp.org