

February 9: Holy Martyr Nicephorus
Stichera on "Lord I have cried"
Tone 2, Special Melody "When from the tree..."
Optina Hermitage Melody

(4) *Reader:* From the morning watch until night, from the morning watch

S
A
Let Is - ra - el hope in the Lord.

T
B

✦ Sub - mit - - - ting to the laws of Him, Who for our sake,

as-sumed our flesh on earth and endured His honored suf - fer-ings,

O divinely bless - - ed one, thou didst show love for
 thy neighbor

thy neigh - bor, which is the epitome of the law and the pro - phets.

The first system of musical notation consists of a treble and bass staff. The treble staff contains a series of chords, with a slur over the first four measures. The bass staff contains a series of notes, with a slur over the first four measures. The lyrics are written below the treble staff.

Wherefore, thou didst receive a bless - ed end, O Nic - e - pho - rus,

The second system of musical notation consists of a treble and bass staff. The treble staff contains a series of chords, with slurs over the first four and last four measures. The bass staff contains a series of notes, with slurs over the first four and last four measures. The lyrics are written below the treble staff.

and standest now be - fore the Well - spring of love.

The third system of musical notation consists of a treble and bass staff. The treble staff contains a series of chords, with a slur over the last two measures. The bass staff contains a series of notes, with a slur over the last two measures. The lyrics are written below the treble staff.

(3) Reader: For with Lord there is mercy, and with Him is plenteous redemption;

And He shall redeem Israel out of all his in - i - qui - ties.

The fourth system of musical notation consists of a treble and bass staff. The treble staff contains a series of chords, with a slur over the last two measures. The bass staff contains a series of notes, with a slur over the last two measures. The lyrics are written below the treble staff.

Repeat 1st sticheron: "Submitting to the laws..."

(2) *Reader:* O praise the Lord, all ye nations;

Praise Him all ye peo - - - ples.

The first system of musical notation consists of a treble and bass staff in G major. The treble staff features a melody of eighth and quarter notes with a long slur over the final three notes. The bass staff provides a simple harmonic accompaniment of quarter notes.

✚ Thou bend - - - est thy neck to God,

The second system continues the melody. It begins with a cross symbol (✚) before the text. The treble staff melody has a long slur over the first four notes. The bass staff accompaniment remains consistent with the first system.

be - fore Whom all knees do bend, O won - drous mar - - - tyr,

The third system continues the melody. The treble staff melody has a long slur over the last four notes. The bass staff accompaniment remains consistent with the previous systems.

thy head is severed and parted from thy comely bod - - - y,

The fourth system concludes the melody. The treble staff melody has a long slur over the last four notes. The bass staff accompaniment remains consistent with the previous systems.

and with thy most hon - ored mind thou art u - ni - - - ted

The first system of musical notation consists of a treble and bass staff. The treble staff contains a series of chords, with a slur over the last four notes. The bass staff contains a series of chords, with a slur over the last four notes. The lyrics are written below the treble staff.

to Christ the Head of all, And now drawing close_ to His light,

The second system of musical notation consists of a treble and bass staff. The treble staff contains a series of chords, with a slur over the last four notes. The bass staff contains a series of chords, with a slur over the last four notes. The lyrics are written below the treble staff.

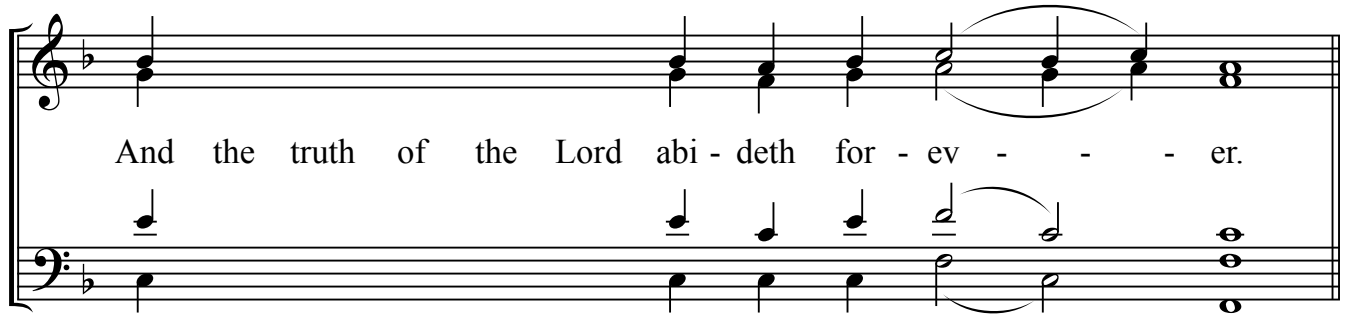
O Nic - e - pho - - - - - rus,

The third system of musical notation consists of a treble and bass staff. The treble staff contains a series of chords, with a slur over the last four notes. The bass staff contains a series of chords, with a slur over the last four notes. The lyrics are written below the treble staff.

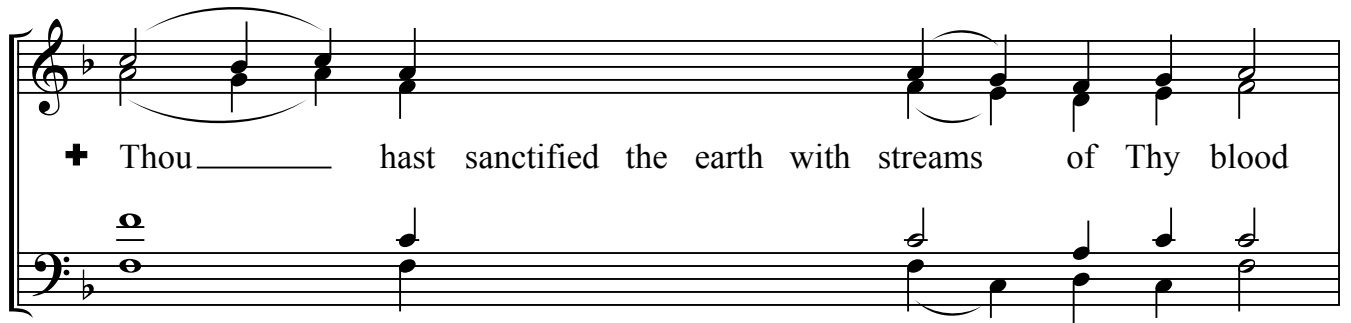
beseech enlightenment for us who praise_ thee.

The fourth system of musical notation consists of a treble and bass staff. The treble staff contains a series of chords, with a slur over the last four notes. The bass staff contains a series of chords, with a slur over the last four notes. The lyrics are written below the treble staff.

(1) *Reader:* For He hath made His mercy to prevail over us,



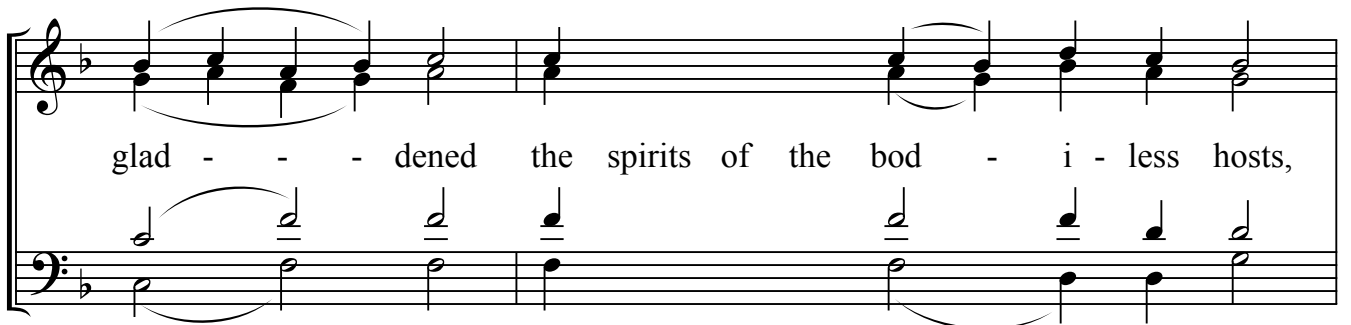
And the truth of the Lord abideth forever.



† Thou _____ hast sanctified the earth with streams of Thy blood



shed for Christ, O martyr, and by thy spirit thou hast



gladdened the spirits of the bodiless hosts,

and hast en - light - ened the whole flock of the mar - - - tyrs,

The first system of musical notation consists of a treble and bass staff. The treble staff contains a series of chords, with some notes beamed together. The bass staff contains a series of notes, some with stems pointing down. The lyrics are written below the treble staff.

O bless - ed one, united with them as a valiant war - - - rior

The second system of musical notation consists of a treble and bass staff. The treble staff contains a series of chords, with some notes beamed together. The bass staff contains a series of notes, some with stems pointing down. The lyrics are written below the treble staff.

and an invincible mar - - - tyr; and thou prayest to God—

The third system of musical notation consists of a treble and bass staff. The treble staff contains a series of chords, with some notes beamed together. The bass staff contains a series of notes, some with stems pointing down. The lyrics are written below the treble staff.

in our ——— be - half.

The fourth system of musical notation consists of a treble and bass staff. The treble staff contains a series of chords, with some notes beamed together. The bass staff contains a series of notes, some with stems pointing down. The lyrics are written below the treble staff.

Reader: In the same tone and melody, Glory, both now...

Glory... Both now and ever and unto the a - ges of a - ges. A - men.

This musical score is for a stichera. It consists of two staves: a treble clef staff and a bass clef staff. The key signature has one flat (B-flat). The melody is primarily composed of chords, with some single notes in the bass line. The lyrics are written below the treble staff.

Theotokion (on a weekday during the fast)*

Thou _____ alone didst bear in thy womb, without con-fin - ing Him,

This is the first line of a Theotokion. It features a treble and bass staff with a B-flat key signature. The melody is characterized by long, flowing lines with many ties, indicating a slow, sustained melodic line. The lyrics are placed below the treble staff.

the un-con-tain - a - ble God, Who in His goodness be - came a man,

This is the second line of the Theotokion, continuing the melodic and lyrical flow from the previous line. It maintains the same musical structure and key signature.

O all-holy bride of God. Where - fore, I be - seech _____ thee:

This is the third and final line of the Theotokion on this page. It concludes with a long, sustained melodic line. The key signature remains B-flat.

*Theotokion from Feb 25.

set me free of the pas - sions which con - fine me,

that walking the straight and nar - - - row path,

I may reach that which leadeth to life, O Vir - - gin.